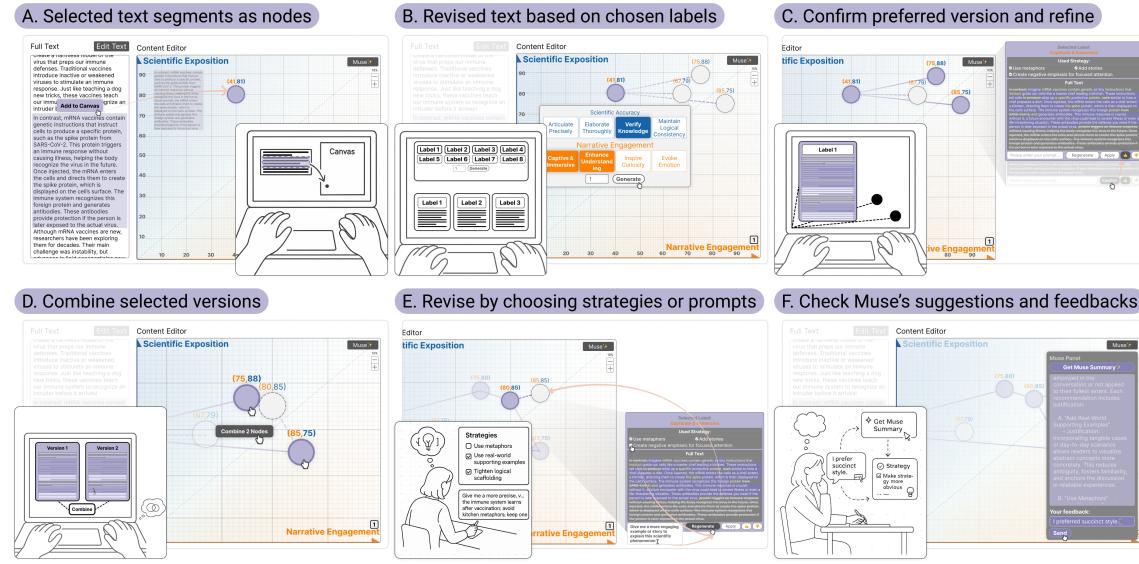


1 SpatialBalancing: Designing an LLM-Powered Spatial Externalization Interface 2 for Iterative Science Communication Writing

3
4 ANONYMOUS AUTHOR(S)
5
6



27 Fig. 1. Example Workflow of using SpatialBalancing for iterative science communication writing. A – Jenny drags her draft into the
28 canvas, where each paragraph becomes a node mapped by Scientific Exposition (Y-axis) and Narrative Engagement (X-axis). B – She
29 selects revision labels such as Enhance Understanding or Captivate & Immerse, each tied to LLM-driven strategies that generate
30 new versions placed accordingly. C – Jenny reviews and confirms preferred revisions, which turn purple for further refinement. D –
31 She can combine two versions into a synthesized draft, balancing credibility and engagement. E – Further revisions are guided by
32 strategies or custom prompts, enabling precise, iterative control. F – Finally, SpatialBalancing’s Muse assistant reflects on her revision
33 history and offers adaptive suggestions.

34
35 Revising science communication is inherently challenging: writers must iteratively balance scientific exposition and narrative
36 engagement, often drifting back and forth between these competing directions. While prior HCI systems have made LLM-assisted
37 writing more accessible, they offer limited help for navigating this kind of cumulative, multi-directional revision process. In this work,
38 we frame science communication revision as movement within a two-dimensional rhetorical space and present SpatialBalancing, an
39 exploratory interface that externalizes goals, revision states, and trajectories through spatial visualization. By constructing a design
40 space of communication strategies and embedding them into a spatial exploratory canvas, our system treats feedback as navigational
41 cues rather than prescriptive judgments. Our findings show that spatial externalization helps writers stay oriented to goals, reason
42 about revision as a trajectory, and explore alternatives at low cost, supporting greater metacognitive control and confidence without
43 increasing workload. Together, this work highlights how spatial externalization can reframe LLM-assisted revision from producing
44 better text to supporting better thinking over time.

45
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53 CCS Concepts: • Human-centered computing → Collaborative interaction.

54
55 Additional Key Words and Phrases: Narrative Strategy, Science Communication, Writing Assistance, Human-AI collaboration

56
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61
62
63 **1 Introduction**

64 Writing is fundamentally a non-linear process of knowledge transformation, requiring writers to cycle recursively
65 through planning, translating, and reviewing rather than producing a linear output [23, 63]. Throughout this process,
66 writers must balance multiple rhetorical goals, making local revisions while maintaining global coherence [43, 57].
67 Recent advances in large language models (LLMs) have lowered the cost of generating and revising text at scale [43, 63].
68 In response, many HCI systems operationalize specific rhetorical strategies or scaffold discrete aspects of drafting
69 and rewriting [36, 65, 75, 76]. Others support non-linear exploration by helping writers generate, compare, and
70 organize multiple text variations [57, 63, 79], or by breaking down or re-organize feedback to make revision more
71 actionable [57, 63, 75, 76]. However, these approaches primarily externalize the products of revision, while leaving
72 the rhetorical goal space that guides revision decisions implicit. As a result, writers must internally reason about
73 how successive revisions advance or compromise competing goals [42, 77], making revision cognitively demanding,
74 particularly in complex knowledge domains such as science communication [72, 77].

75 Science communication writing differs fundamentally from academic prose. Rather than focusing solely on exposition
76 whose purpose is to convey relevant facts and knowledge, it must translate complex knowledge into forms that are
77 understandable and memorable for non-expert audiences [7, 33, 53]. Narrative techniques such as storytelling, metaphor,
78 and suspense are widely used to achieve this goal, as they can increase attention and comprehension and make the
79 content more engaging [26]. However, narrative also introduces persistent tension: emphasizing entertainment risks
80 oversimplification or loss of credibility [18, 26, 50]. On the other hand, overly technical or serious exposition can alienate
81 non-expert readers by demanding sustained cognitive effort while offering few cues for relevance or engagement [7,
82 13, 17]. Effective science communication, therefore, requires continual balancing between scientific exposition and
83 narrative engagement, which is an inherently iterative process, where writers repeatedly revise and reassess the two
84 rhetorical goals to reach a sweet point rather than making a single stylistic decision upfront [13, 26, 30, 77]. As science
85 content proliferates across platforms like YouTube and TikTok, a growing number of "everyday" creators, many lacking
86 formal communication training, are taking on the role of science explainers [47]. These creators increasingly turn to
87 LLM tools to support ideation, drafting, and real-time feedback throughout the revision process [48]. This shift furthure
88 amplifies the need for interfaces that provide comprehensive guidance to support the iterative work of balancing
89 exposition and engagement across multiple revision cycles.

90 To address this gap, **we explore how interface design can better support goal-aware, iterative revision in**
91 **science communication writing for non-expert creators.** Building on prior work in science communication writing,
92 we construct a design space of rhetorical strategies for enhancing scientific exposition and narrative engagement, and
93 use it to inform an initial prototype. Through this process, we identify the limitations of strategy-centric and linear
94 revision workflows, motivating a shift toward externalizing revision goals and trajectories.

105 One promising direction is **spatial externalization**. Recent canvas-based interfaces like PatchView [11] and
106 Luminate [66] demonstrate how spatial layouts enable users to navigate and compare LLM outputs, yet they primarily
107 externalize LLM generated content attributes rather than the revision goals and trajectories that guide iterative writing
108 decisions. Building on this line of research and theories of *Thinking with external representations* [37], which posit that
109 making cognitive structures visible in the environment reduces the cost of tracking change and enables more deliberate
110 exploration, we present SpatialBalancing, an LLM-powered spatial interface that reframes revision as navigation through
111 a two-dimensional rhetorical space. The system externalizes scientific exposition and narrative engagement as persistent
112 spatial dimensions, enabling writers to visualize where each revision stands and track how successive edits shape the
113 draft over time. Rather than offering prescriptive judgments, SpatialBalancing provides feedback as navigational cues
114 that support low-cost exploration, comparison, and reflection across multiple revision directions.
115

116 A controlled user study demonstrates that spatial externalization helps writers maintain orientation toward rhetorical
117 goals, conceptualize revision as a trajectory, and exercise greater metacognitive control. Simultaneously, our findings
118 surface important tensions such as over-reliance on externalized guidance, which may encourage metacognitive laziness,
119 these insights pointing toward critical design opportunities for future LLM-assisted revision interfaces. This work
120 contributes to the field in the following ways:
121

122 (1) A constructed design space of 25 science communication strategies organized into eight actionable labels that
123 operationalize scientific exposition and narrative engagement for LLM-based revision support.
124

125 (2) SpatialBalancing: A spatial externalization interface for goal-aware LLM-assisted revision that externalizes
126 rhetorical goals and revision trajectories through a 2D exploratory canvas, enabling writers to navigate different
127 objectives and maintain metacognitive control across iterations.
128

129 (3) Design insights for future LLM-assisted writing interfaces derived from iterative design and user study evaluation,
130 pointing to the importance of mitigating over-reliance on externalized feedback, preserving user agency through
131 adaptive externalization, and providing embedded reflective support throughout the revision process.
132

133 2 Related Work

134 2.1 Balancing Scientific Exposition and Narrative Engagement in Science Communication Writing

135 In the Information Age, online science communication has become increasingly dominant, especially in the popular
136 science field [9, 51]. Science communication refers to the strategic use of various forms of communication, such as media,
137 events, and interactions, to convey scientific information to diverse audiences in a way that aims to increase awareness,
138 enjoyment, interest, opinion-forming, and understanding [7, 33, 53]. The popular science movement (also known as pop
139 science or popsci) aims to interpret and present scientific concepts in an accessible way for a general audience, placing
140 greater emphasis on entertainment and broadening its scope compared to traditional science journalism [5, 15, 71]. As
141 online communication technologies have become more accessible, various formats have emerged to deliver popular
142 science content, including books, documentaries, web articles, and online videos [21, 71, 78].
143

144 A fundamental challenge in science communication writing lies in balancing two often competing dimensions:
145 scientific exposition and narrative engagement [18, 26, 50]. Expository writing applies to tasks whose purpose is to
146 convey relevant facts and knowledge, while narrative applies to tasks whose goal is to convey
147

148 an account of real through telling a story [43]. Burns et al. [7] made a vivid analogy, describing science communication
149 writing as a form of "mountain climbing," balancing between scientific literacy and science culture. Similarly,
150 Dahlstrom [13] emphasized that science communication writing inherently involves both narrative and expository
151

elements. In this study, we use the terms "scientific exposition" and "narrative engagement" to describe this tradeoff [17], because these terms more directly capture the practical tension between maintaining rigorous, detailed scientific facts presentation and creating compelling, accessible content for diverse audiences [17, 50]. In practice, achieving this balance is inherently iterative rather than a one-shot optimization. If a draft over-indexes on expository, logical-scientific presentation, it may preserve accuracy but often becomes harder for non-experts to process and remember; narrative formats [13, 26]. At the same time, leaning too far toward narrative can create a different failure mode: narratives are intrinsically persuasive and are often evaluated by verisimilitude (how "true-to-life" they feel) rather than the accuracy standards of logical-scientific discourse, which raises ethical and credibility risks in science communication [13, 30]. Consequently, writers must revise through multiple passes—adjusting where and how narrative devices are woven into explanatory content, because the effectiveness of a change depends on its relationship to the surrounding narrative structure and the reader's evolving interpretation, not just the local wording [26].

The tension between these dimensions stems from their fundamentally different linguistic requirements. Engaging content relies on narrative techniques—storytelling, analogy, and suspense to capture attention [13, 21, 26], while scientifically content demands rigorous expository writing that prioritizes scientific detail and credibility [35, 38]. Recent HCI systems have begun operationalizing specific strategies within LLM-powered co-creation tools to lower the barrier for science communication writing, particularly for non-expert writers who constitute the dominant group on online platforms. For example, systems such as Metaphorian support metaphor creation through LLM-assisted exploration [36, 77], while AI workflows for Tweetorials scaffold the generation of hooks, examples, and anecdotes to engage general audiences [46, 77]. However, these systems typically focus on supporting the application of individual strategies at specific moments in writing, rather than the broader iterative revision process in which writers must continuously rebalance scientific exposition and narrative engagement. To mimic this gap, in this study, we design an LLM-powered visualization interface to support the iterative revision process of balancing scientific exposition and narrative engagement, grounded in a holistic understanding of communication strategies for achieving this balance.

2.2 Iterative Revision through Co-creation with LLM

Prior work has characterized writing as an inherently iterative process involving distinct stages, such as revision, and has emphasized that writing tasks are driven by multiple rhetorical purposes rather than a single objective [43]. These purposes, including expository, narrative, persuasive, and educational goals, often coexist and shape revision decisions in audience-dependent ways [43]. Iterative revision toward multiple rhetorical goals remains hard because writers must repeatedly shift attention across levels and keep track of what changed, why it changed, and which direction each revision moves the draft [63, 75, 76]. Prior work shows that today's dominant linear document interfaces with chat functions still constrain this kind of non-linear goal juggling: prompting across micro/macro levels requires manual cross-referencing and repeated prompt formulation, which disrupts writers' flow and makes it difficult to sustain coherent rhetorical strategy across iterations [65]. HCI systems have begun addressing parts of this problem by externalizing revision materials in more navigable forms. ABScribe, for example, tackles the "too-many-variants" problem by helping writers create, compare, and revise multiple text variations without overwriting or clutter, explicitly aligning LLM use with revision's recursive, non-linear nature [57]. Friction scaffolds reflection by breaking feedback into actionable units and guiding iterative revision cycles [75], while Synthia uses visual organization plus traceable links among feedback, source text, and revisions to support non-linear branching and exploration rather than one-shot rewriting [76]. However, existing systems primarily externalize revision artifacts, such as alternative drafts, layers, or feedback, rather than the rhetorical goal space that guides revision decisions. As a result, writers must internally

209 reason about how successive edits advance or compromise competing goals, making trade-offs opaque and cognitively
210 demanding and leading to trial-and-error prompting [65], especially in complex domains like science communication.
211

212 One promising direction for addressing these challenges is externalization—using visualization to make the ex-
213 ploratory space of revision perceptible and navigable, which has long been shown to support complex reasoning by
214 offloading, structuring. According to the theory of *Thinking with external representations*, making goals, states, and
215 relations perceptible in the environment can reduce the cognitive cost of tracking change, support orientation, and
216 enable more deliberate exploration of alternatives [37]. Building on this insight, prior HCI systems have leveraged
217 visualization and spatial exploration to externalize latent aspects of generative processes with LLM. PatchView [11]
218 and Luminate [66] organize LLM outputs within navigable visual spaces to support sensemaking, comparison, and
219 steering, while Toyteller [12] shows how visual manipulation can function as an expressive control channel for genera-
220 tive storytelling. These systems demonstrate how spatial externalization can shift generative interaction from linear
221 prompting toward structured exploration over a visualized space of possibilities. However, this line of work externalizes
222 content attributes or generative alternatives, while leaving the iterative revision process characterized by sustained
223 goal juggling, cumulative decision-making, and cross-iteration reasoning largely unsupported. Our work builds on this
224 line of research by applying externalization to construct an exploratory space that makes rhetorical goals and revision
225 trajectories explicit through visualization, supporting goal-oriented iterative revision in science communication writing.
226
227
228
229

230 3 Iterative User-Centred Design

231

232 3.1 Design Space Construction of Science Communication Strategies

233

234 Science communication writing involves balancing multiple rhetorical goals, most notably accurate scientific exposition
235 and engaging narrative expression [18, 26, 50]. Writers achieve different balances by applying a diverse set of rhetorical
236 strategies, often adapting their choices based on audience characteristics and communicative intent [77]. Although prior
237 work in communication studies has identified a rich set of rhetorical strategies for science communication, aiming at
238 capturing public attention, improving memorability [30, 78]. These strategies are rarely examined through a systematic
239 lens that foregrounds the dual rhetorical goals of scientific rigorous expression and narrative engagement.
240

241 To support structured exploration and interaction design around rhetorical revision, it is therefore necessary to
242 explicitly identify, organize, and formalize these strategies. Motivated by this need, we aimed to construct a design
243 space of rhetorical strategies that support narrative engagement and scientific exposition.
244

245 To form the design space, we conducted a literature review in related fields, specifically in communication studies,
246 education, psychology, linguistics and writing, and HCI, to identify writing strategies that can enhance narrative
247 engagement and scientific exposition. We searched keywords "science communication" OR "scientific writing" OR
248 "popular science" AND "strategy" OR "strategies" OR "method" in Google Scholar, the ACM Digital Library, and the IEEE
249 Xplore Digital Library. Thus, we broaden our search to the discussion of the narrative or narrative design of learning
250 content in general. We finally chose 35 papers across education (9), psychology (5), communication studies (15), and HCI
251 (6) that are highly relevant to our research. They are chosen because they focus on methods and strategies for designing
252 narratives that potentially improve knowledge retention and create engaging narratives [21, 52]. Additionally, some
253 of the papers explore related fields, such as the analysis of narrative peaks in data videos [73] or documentaries [41].
254

255 Two authors participated in the coding of these 35 papers. The primary objective was to identify potential peak
256 narrative strategies for balancing scientific exposition and narrative engagement in these previous studies. Initially, each
257 author independently reviewed all the selected papers, focusing on content related to narrative strategies or structures
258
259

Table 1. Design Space of Science Communication Writing Strategies.

Scientific Exposition			
Label 1 Articulate Precisely	Label 2 Elaborate Thoroughly	Label 3 Verify Knowledge	Label 4 Maintain Logical Consistency
Communicates scientific concepts with exposition and clarity, using appropriate terminology and well-defined language to prevent ambiguity or misinterpretation [31, 35, 52].	Provides sufficient detail or comprehensive theoretical discussion by unpacking underlying mechanisms, explaining implications, and citing evidence to elaborate on the knowledge point while avoiding bias [32, 39].	Supports claims with credible sources, data, or reasoning, allowing audiences to feel more trustworthy of the given information [39, 58].	Ensures that arguments and explanations are coherent and internally consistent, following a clear logical structure [68].
Strategies:			
(4) Acknowledge Uncertainties, (5) Consistent Terminology, (18) Simplify and abstract language, (19) Clarify Key Terms, (21) Repeat key point(s) or question(s), (22) Emphasize with Numbers	(3) Step-by-Step Explanation, (4) Acknowledge Uncertainties, (7) Everyday Events to Scientific Insights, (22) Emphasize with Numbers, (25) Tie Science to Current Events	(2) Rigorous Source Verification, (6) Citations & Quotes, (7) Everyday Events to Scientific Insights, (22) Emphasize with Numbers, (7) Everyday Events to Scientific Insights Events	(1) Layered Transitions, (3) Step-by-Step Explanation, (20) Key Point Recap, (23) Strengthen the Connections Between Content
Narrative Engagement			
Label 5 Captivate & Immerse	Label 6 Enhance Understanding	Label 7 Inspire Curiosity	Label 8 Evoke Emotion
Engages the audience's attention and draws them into the narrative or content flow by adding stories [26, 45] or using intriguing language [21, 52].	Help audiences to grasp complex scientific ideas using rational, structural content or vivid analogies, visualizations [21, 26, 30].	Stimulates the audience's desire to learn more and have motivation to further explore by applying different forms of questions [40].	Creates an emotional response, positive or negative, and makes the audience feel connected to the content, even immerse themselves in the described scenario [26, 59].
Strategies:			
(8) Question-Answer Hook, (9) Reflection Question, (10) Suspense-Driven Reveal, (11) Use metaphors, (12) Inject humor, (13) Add real-world supporting examples, (14) Add stories, (15) Add an imagery description, (16) Create negative emphasis for focused attention, (17) Make positive emotion to expand action repertoire	(11) Use metaphors, (13) Add real-world supporting examples, (14) Add stories, (15) Add an imagery description, (21) Repeat key point(s) or question(s), (23) Strengthen the Connections Between Content, (24) Present Balanced Views, (25) Tie Science to Current Events	(8) Question-Answer Hook, (9) Reflection Question, (10) Suspense-Driven Reveal	(9) Reflection Question, (12) Inject humor, (14) Add stories, (16) Create negative emphasis for focused attention, (17) Make positive emotion to expand action repertoire, (21) Repeat key point(s) or question(s)

Note. Specific information about each strategy (e.g., definitions, examples) is presented in Table 5.

that enhance knowledge retention, recall, focus, or contribute to engagement and curiosity. Relevant content was then extracted and compiled into a consolidated document. Subsequently, using an open coding approach [3], two authors independently identified and coded key strategies, including their definitions and relevant contexts within the selected content. Following this, the two authors engaged in multiple discussion sessions to reconcile differences and reach a consensus on the coding. Finally, we identified a initial draft of strategies from these selected papers.

Then, we conducted a Focus Group Discussion (FGD) [55] with the four experts. Together, we refined our initial strategy design space by clarifying the definition and use of each strategy, and classified the communication strategies by their functions. In this design space, we categorized the 25 identified strategies into three groups: those that enhance narrative engagement (N=10), those that enhance scientific exposition (N=7), and those that enhance both (N=8). This

313 process yielded four labels each for scientific exposition and narrative engagement. Some strategies, due to their
314 multifunctionality, were assigned to multiple labels, forming the final design space (Table 1).
315

316 This design space provides a structured foundation for subsequent system design by externalizing rhetorical revision
317 strategies as discrete, reusable units aligned with the two core rhetorical goals of science communication writing.
318

319 **3.2 Initial Prototype and Iteration**

320 Building on prior work that demonstrates how large language models can lower the barriers of science communication
321 writing by operationalizing rhetorical strategies as generative and revisable resources [36, 46, 77], we draw on insights
322 from the narrative design space of science communication to inform our design. We develop an initial prototype as a
323 set of design probes to ground subsequent system design for supporting complex, multi-goal revision in LLM-assisted
324 science communication writing.
325

326 *3.2.1 Initial Prototype.* (Figure 2) Our initial prototype was designed as a lightweight design probe, consisting of a
327 basic text editor and a strategy selection panel. The panel presented all 25 identified strategies, organized under their
328 corresponding labels derived from the design space. Selecting a label expanded the associated strategies, allowing users
329 to browse and choose a specific rhetorical strategy.
330

331 In the strategy-specific mode, upon selecting a strategy, the system analyzed the textual context and highlighted
332 candidate segments where the chosen strategy could be applied. By clicking on a highlighted segment, users could
333 preview an LLM-generated revision that instantiated the selected strategy. In addition, in the content-specific mode,
334 users could directly highlight a passage in the text, and the system would surface a set of recommended strategies
335 relevant to that passage. Users could then preview alternative revisions generated using different strategies. When
336 finishing an edit using a specific strategy in a specific passage, the system displayed supplementary explanations in a
337 side panel, including a brief description of the selected strategy and the rationale for its application to the paragraph.
338 After confirming a revision, users could further edit the text manually, retaining full control over the final outcome.
339

340 Behind the scenes, revisions were generated through a prompt-based LLM workflow grounded in the defined strategy
341 descriptions, curated examples, and the surrounding textual context. Dedicated backend functions supported strategy
342 recommendation in content-specific mode, target text selection in strategy-specific mode, and revision generation,
343 enabling flexible and iterative interaction between users and the LLM.
344

345 *3.2.2 Participants and Procedure.* To elicit design insights from the initial prototype, we conducted a formative study
346 with six participants recruited from the university community who had prior experience creating science communication
347 content but not science communication writing experts. All participants were experienced writers and reported extensive
348 prior use of LLM-based writing tools.
349

350 Each session began with a brief walkthrough of the prototype, during which we introduced the available interactions
351 and strategy-based revision workflow. Participants were then asked to revise a short science communication text about
352 déjà vu, adapted from publicly available reference material, into a version that was both using rigorous in scientific
353 exposition and engaging for a general audience. We employed a think-aloud protocol, encouraging participants to
354 verbalize their reasoning, challenges, and desired alternative functionalities as they interacted with the system. At the
355 end of each session, participants reflected on their overall experience and provided suggestions for improvement in a
356 semi-structured discussion. Each session lasted approximately 45 minutes.
357

358 *3.2.3 Feedback and Design Consideration.*
359

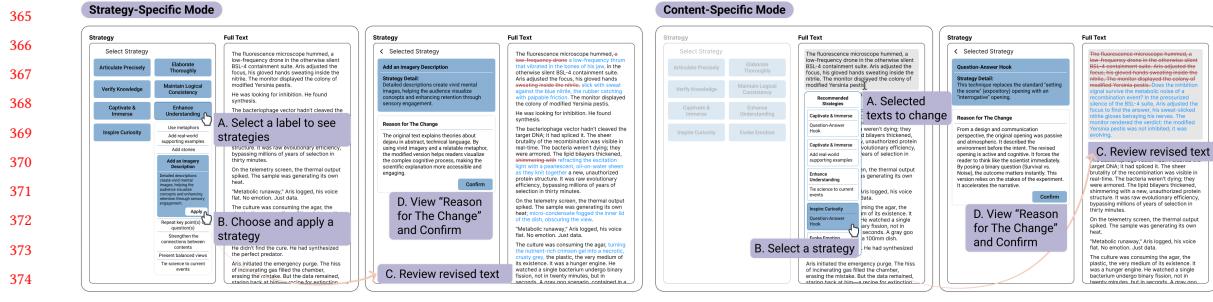


Fig. 2. The prototype consisted of a text editor and a strategy selection panel organized by the design space. Users could revise text through two interaction modes: strategy-specific, where selecting a rhetorical strategy highlighted candidate segments and previewed LLM-generated revisions, and content-specific, where selecting a text segment surfaced relevant strategies and alternative revisions. For each revision, the system provided a brief explanation of the applied strategy and its rationale. Users retained full control by confirming, rejecting, or manually editing revisions. All revisions were generated through a prompt-based LLM workflow grounded in strategy definitions, curated examples, and local textual context.

Lack of Continuous Goal Orientation. Participants viewed strategies as means toward higher-level communicative intentions, shaped by audience, platform, and purpose (P1,P2). Four out of six participants (P1, P4, P5, P6) expressed a desire for real-time feedback that reflects how their revisions might be interpreted by the target audience. As P1 explained, “although authors may intentionally adjust rhetorical strategies for different audiences—for instance, using more narrative elements for children—but they often lack visibility into how those audiences would actually respond, such as whether the revised content feels sufficiently engaging or easy to understand.” This highlights a need for system designs that provide real-time feedback during revision, enabling users to understand how their revisions are progressing towards editing goals.

Difficulty Reasoning About Cumulative Change. Participants consistently emphasized the need to track and reflect on their own revision trajectories, rather than treating revisions as isolated edits. P1, P3 and P6 wanted to see where changes occurred, which strategies were applied, and how these decisions accumulated over time. P2 expressed a desire to “track where I changed things so he can improve my own revision process.” P3 further articulated a need for a timeline-based history, in which strategy selections, modified text spans, deleted context, and resulting versions could all be traced and revisited. These suggest that iterative science communication writing is not only about producing better text, but also about developing an understanding of one’s own revision behavior over time. Participants expressed a desire for the system to capture revision history as a reflective artifact, making patterns of strategy use visible and supporting deliberate backtracking, comparison, and learning across revisions.

Cognitive Overload from Unstructured Strategy Presentation. While participants appreciated the richness of the strategy set, all of them found that presenting all strategies at once created cognitive overload. This overload manifested in three ways. First, learning burden. As P5 pointed out, “familiarizing oneself with all available strategies can be cognitively demanding. Writers tended to rely on familiar strategies, while unfamiliar ones incurred additional learning effort. Second, lack of structure. P2 suggested that strategies could be “packaged” according to different purposes, while P3 noted that the current interaction design made it difficult to compare options simultaneously. Third, absence of hierarchical guidance. P4 expressed a desire for more hierarchical guidance, such as high-level structural suggestions before more localized paragraph- or sentence-level recommendations. Together, these observations indicate that for

417 non-expert writers, effective support lies not in maximizing choice, but in offering structured, context-sensitive strategy
418 recommendations that lower cognitive load.
419

420 3.3 Design Goals 421

422 Based on the research gap from the literature review, insights from design space construction, and initial prototype
423 iteration, we propose the following design goals:

424 **Design Goal 1: Externalize Rhetorical Goals to Support Goal-Aware Iterative Revision** Prior LLM-assisted
425 writing systems embed rhetorical intentions implicitly through prompts or localized strategy use, requiring writers
426 to internally track communicative goals across revisions [63, 65]. The system should externalize rhetorical goals as
427 explicit, inspectable reference points, enabling writers to reason about revision directions and assess progress toward
428 intended balances between scientific exposition and narrative engagement.
429

430 **Design Goal 2: Represent Revision as a Trajectory Rather Than Isolated Edits or Alternatives** Existing
431 systems primarily support comparison among alternative drafts or localized revisions [57, 75, 76], offering limited
432 support for understanding how revisions accumulate over time. The system should represent revision as a continuous,
433 traceable trajectory that links versions, applied strategies, and resulting changes, supporting reflection, backtracking,
434 and learning across iterative revisions.
435

436 **Design Goal 3: Design an Exploratory Space to Gradually Guide Strategy Use** While prior work operationalizes
437 individual rhetorical strategies to lower barriers to science communication writing through co-creation with LLM [36, 46],
438 exposing a large strategy space often overwhelms non-expert users and reinforces habitual choices. The system should
439 design an exploratory space that gradually guides strategy use through structured, context-sensitive cues, supporting
440 discovery and comparison over time while reducing cognitive burden and preserving user agency.
441

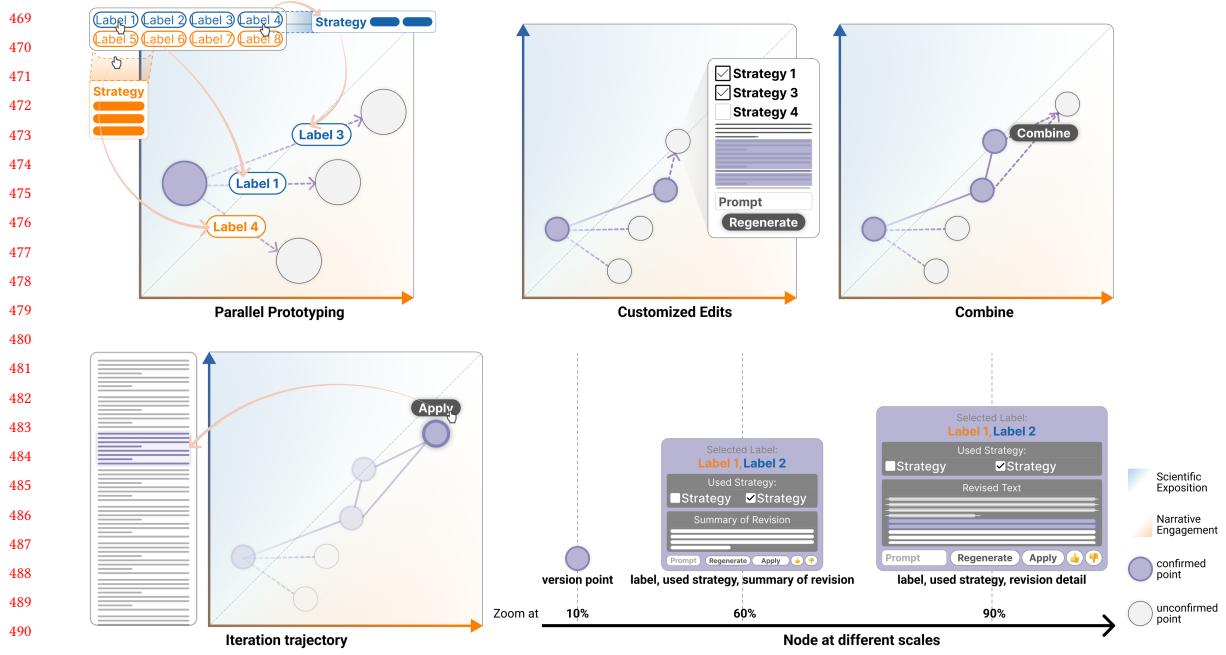
442 **4 SpatialBalancing: An Spatial Externalized Visualization Interface for Navigable LLM-Assisted Revision**
443
444 Grounded in our design goals, we design SpatialBalancing around *externalization*—making rhetorical goals, revision
445 states, and their evolution visible and manipulable during writing. This choice is motivated by *Thinking with External*
446 *Representations*, which argues that external representations can support complex reasoning by providing stable reference
447 points for orientation, reducing internal tracking demands, and enabling deliberate exploration of alternatives [37].
448

449 We draw inspiration from canvas-based Spatial LLM interfaces such as PatchView [11] and Luminate [66], which show
450 how spatial layouts and overview-to-detail navigation can support exploratory interaction with generated alternatives.
451 Building on these interaction principles, SpatialBalancing uses an exploratory canvas not to organize content attributes
452 or design variants, but to externalize rhetorical goals and revision trajectories, allowing writers to interpret progress as
453 movement through a navigable space.
454

455 4.1 SpatialBalancing as an Exploratory Space

456 SpatialBalancing comprises a left-hand text editor and a right-hand exploratory canvas (Figure 4). users can send any
457 span—sentence, paragraph, or full draft—to the canvas for iterative revision. Each version is plotted in a 2D space
458 (x: Narrative Engagement; y: Scientific Exposition); gray points denote exploratory drafts and purple points mark
459 confirmed selections, which can be further refined via labels or custom edits. This spatial view makes revision states
460 and decision points explicit, helping users balance exposition and engagement.
461

462 The canvas supports branch-based exploration with three zoom levels (Figure 3). Dropped text becomes a root node;
463 applying labels or custom instructions spawns child nodes, forming a tree that traces exploration paths. At 0–30% zoom,
464



492 Fig. 3. (1) SpatialBalancing support parallel prototyping with diverse directions of LLM output; users can use customized edits like
493 change specific strategy and combine different LLM output to generate new nodes. The 2D coordinate space also allow user to see their
494 iteration trajectory. (2) SpatialBalancing canvas supports three zoom levels: dots for version overview (0–30%), change summaries
495 with labels and strategies (40–70%), and full content with highlights of edits (80–100%).

498 points provide an overview; at 40–70%, summaries show per-version changes and chosen strategies; at 80–100%, full
499 text with diffs against the original is displayed. This progressive disclosure enables rapid comparison and reflective
500 choice among alternatives.

502 4.2 Spatial Externalization Features to Support Goal-aware Revision

504 4.2.1 *Real-Time Two-Axis Goal Externalization (DG1)*. To support goal-aware revision (DG1), SpatialBalancing ex-
505 ternalizes rhetorical goals through real-time two-axis feedback. Each version of the text is represented as a point
506 in a two-dimensional space, where one axis encodes narrative engagement and the other scientific exposition. This
507 representation transforms abstract revision goals into stable, perceptible reference points, enabling users to orient
508 themselves and reason about the direction of their revisions. Whenever users create or modify a version, a Scorer
509 Agent (Explained in Section 4.4) assigns engagement and exposition scores based on audience-informed criteria, which
510 determine the node’s position on the canvas.

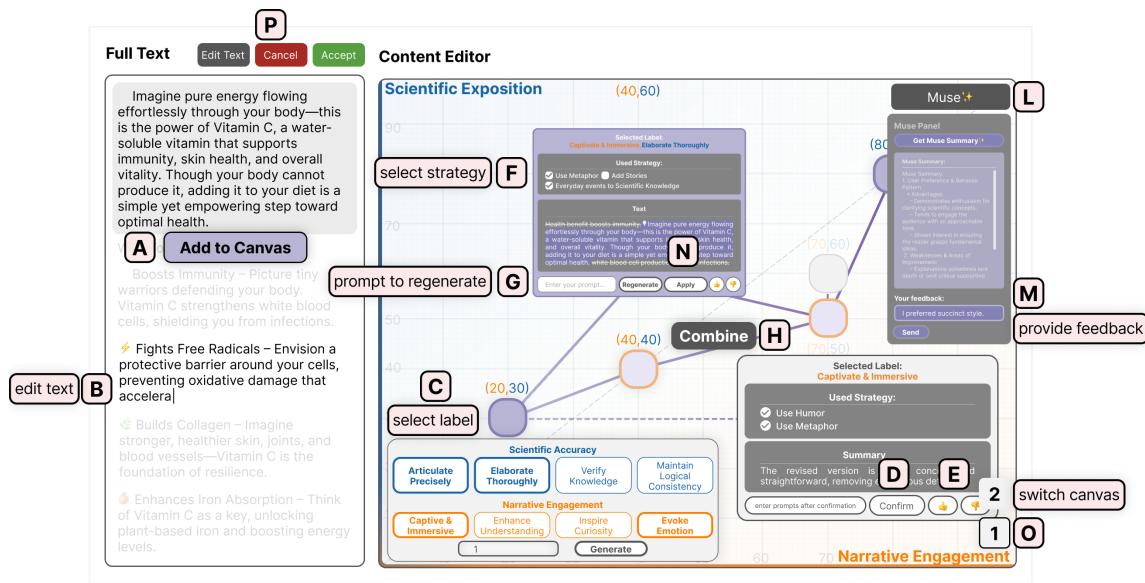
513 4.2.2 *Strategy Recommendation via Rhetorical Labels (DG1 & DG3)*. (Figure 5(1)) To support goal-aware revision while
514 managing cognitive load (DG1, DG3), SpatialBalancing introduces an eight-label taxonomy that scaffolds strategy
515 exploration around two overarching rhetorical goals: scientific exposition and narrative engagement. Four labels
516 guide revisions toward strengthening scientific explanation, while the other four foreground narrative techniques for
517 engagement. Rather than requiring users to reason over individual strategies, these labels decompose abstract rhetorical
518 labels into more concrete, actionable steps. For example, the label “Explain” decomposes into “Use scientific
519 language” and “Use clear diagrams”. This allows users to focus on specific rhetorical techniques rather than individual
520 strategies.

521 goals into actionable revision directions. By selecting one or more labels aligned with their intentions, writers receive
 522 guided yet flexible revisions generated by the LLM, reducing the burden of exhaustive choice while providing clear
 523 direction for exploration.

524 4.3 Spatial Externalization Features to Enable Trajectory-Based Revision Reasoning

525 4.3.1 *Fine-Grained Control for Specific Versions (DG3)*. (Figure 5(2)) To complement structured guidance with user
 526 control (DG3), SpatialBalancing allows users to incrementally refine individual versions after exploring different revision
 527 directions. Once a node is confirmed, it turns purple while unconfirmed nodes remain gray, visually distinguishing
 528 revision states. Three fine-tuning operations are available: toggling previously applied strategies, providing customized
 529 prompts (e.g., “try a different metaphor” or “make this more concise”), and merging two versions to preserve strong
 530 elements from each. Visual. These operations support gradual, local refinement within the exploratory space, enabling
 531 users to evolve strategy use without committing prematurely.

532 4.3.2 *“Muse” Reflective Feedback (DG2& DG3)*. (Figure 5(3)) To support DG2 and DG3, the Muse agent monitors user
 533 behaviors—such as node confirmations, strategy selections, and engagement–exposition choices—and synthesizes them
 534 into structured feedback. This feedback highlights strengths, weaknesses, editing patterns, and strategy suggestions,
 535 offering a clear channel for reflection. Users can accept or reject suggestions, and their responses are fed back to the



564 Fig. 4. The SpatialBalancing interface has two main sections: a text editor on the left for placing and directly editing source text (B),
 565 and a canvas on the right for revising selected segments (A). In the center, a visualization tracks iteration scores across narrative
 566 engagement and scientific exposition for multiple LLM-generated versions. Once a segment is confirmed for revision, users assign
 567 labels (C) that guide editing directions and generate revision nodes. Within each node, content can be refined by entering custom
 568 prompts (G), switching strategies (F), or combining strategies from different nodes (H). Edits can be applied (N) to update the original
 569 text and view the full article. Muse (L), in the canvas’s top-right corner, provides an overview of revision history and accepts user
 570 feedback (M), which informs future strategy recommendations. Editing other article sections opens a new canvas; users can switch
 571 between revision records via the control in the bottom-right corner (O).

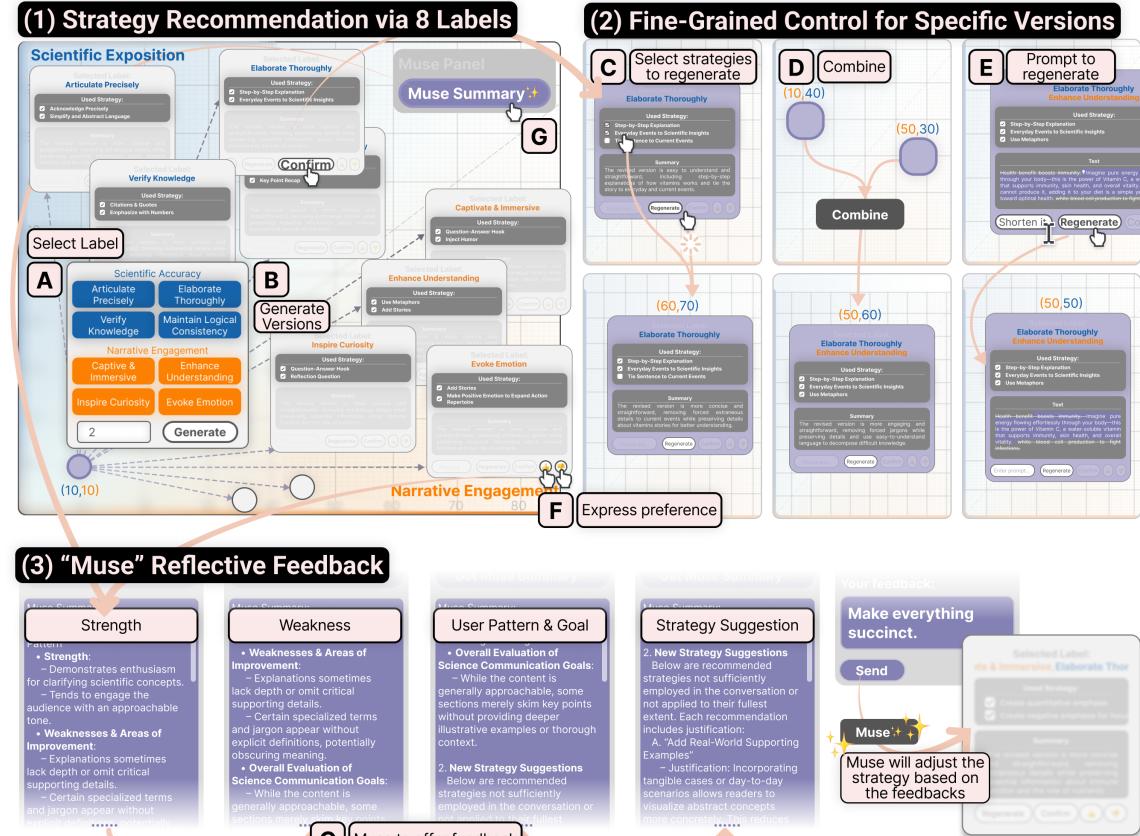
573 Recommender Agent to refine future recommendations. Muse functions as a reflective layer over the exploratory space,
 574 supporting trajectory-aware reflection without prescribing edits.
 575

576 4.4 Backend and Implementation

577 The backend of SpatialBalancing comprises several LLM-based agents organized into two main modules: a generation
 578 module and a reinforcement module. The overall pipeline is in Figure 6.

581 **4.4.1 Generation Module.** This module begins by capturing the user's context and their selected modification labels.
 582 The system then proceeds into iterative processing handled by the following agents:

583 **Recommender Agent:** The recommender agent's core function is to generate multiple strategy combinations based
 584 on a user-selected label. When a user chooses a label, the agent analyzes the current textual features to identify the
 585



618 Fig. 5. (1) Strategy Recommendation via Eight Labels: SpatialBalancing offers eight revision labels—four enhancing narrative
 619 engagement and four strengthening scientific exposition. users can select one or more labels and specify the number of versions to
 620 generate under each; (2) Fine-Grained Control: Generated nodes can be refined by adjusting the applied strategies, merging nodes to
 621 combine labels, or entering custom prompts for tailored edits; (3) “Muse” Reflective Feedback: Muse provides iterative feedback on
 622 strengths, weaknesses, user patterns and goals, and strategy suggestions. users can endorse or reject this feedback, enabling the
 623 system to adapt future recommendations to their preferences.

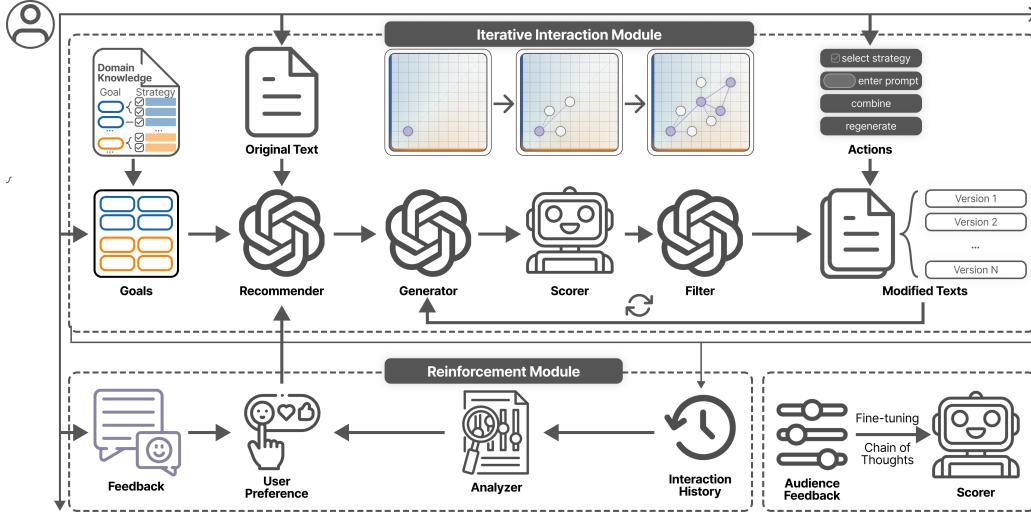


Fig. 6. SpatialBalancing backend overview. SpatialBalancing consists of two core modules: (1) The Iterative Interaction Module, where LLM-based agents—Recommender, Generator, Scorer, and Filter—collaboratively produce and evaluate multiple content versions based on narrative engagement and scientific exposition; and (2) the Reinforcement Module, which captures user feedback and inference based on interaction history of user behaviors to refine strategy recommendations through the Analyzer agent. This architecture supports adaptive text revision.

best combination from its associated strategy set (Section 3.1). Prompts are constructed using in-context learning and chain-of-thought principles based on the strategy design space (Table 5). The agent considers several factors when recommending strategies for each label, including strategy definitions, usage guides, examples, and the original text’s role within the broader context of the entire text to recommend the most suitable strategies. The final output consists of multiple strategy combinations, which are then passed to the scorer to filter and select the top-scoring versions that has higher scientific exposition or narrative engagement score.

Generator Agent: The generator agent create child nodes based on user input instructions. When generating new content, the generator receives two types of input to form a new node: (1) strategy recommendations from the Recommender Agent, which are used to guide the generation of revised text that aligns with the user’s chosen direction (Labels). The generator adopts in-context learning, referencing the recommended strategies’ definitions, usage guidelines, and examples to perform content modifications based on the previous node (adopted from Section 3.1); and (2) user-specific refinements passed from the front end during regeneration. These refinements may include prompt adjustments, combining nodes, or deactivating particular strategies.

Scorer Agent: The scorer simulates real-time audience feedback by evaluating each generated version along two axes: Narrative Engagement (X) and Scientific Exposition (Y).

To support this, we curated a high-quality dataset of 45 science texts from five common science communication domain, varying in length and narrative style. Each text was revised by a science communication expert and annotated by 27 participants who perform as the audience using a rubric developed by three domain experts. The rubric incorporated sub-dimensions of narrative engagement and scientific exposition. Scores were normalized to a 0–100 scale and used to fine-tune a GPT-4o model via a small-sample learning strategy¹. This enables the scorer agent to give score to resemble

¹https://platform.openai.com/docs/guides/fine-tuning?utm_source=chatgpt.com

677 human audience across both scientific exposition and narrative engagement. The scorer agent is powered by this
 678 fine-tuned GPT-4o model. Details on dataset construction and model training are provided in Appendix A.2.
 679

680 As such, we acknowledge that the scorer, trained on a small curated dataset. The scoring feedback should be
 681 interpreted as an indicative signal for interface interaction and decision-making support, rather than an objective or
 682 universal evaluation of the quality of science communication.

683 To validate the reliability of the scoring mechanism, we conducted a technical evaluation comparing the accuracy of
 684 fine-tuned and non-fine-tuned scorers in simulating audience ratings. As shown in Table 2, the fine-tuned scorer exhibited
 685 much higher agreement with human ratings ($r=0.90/0.91$, $RMSE\approx6-7$) than the non-fine-tuned model ($r=0.84/0.57$,
 686 $RMSE=22-31$). Detailed evaluation detail is provided in Appendix A.2.
 687

688 Table 2. Evaluation of the similarity between fine-tuned and original GPT-4o models’ scores and human scores.
 689

691 692 693 Model	694 695 Pearson Correlation		696 697 RMSE	
	698 Engagement	699 Exposition	700 Engagement	701 Exposition
w/ FT	0.90	0.91	6.48	7.02
w/o FT	0.84	0.57	22.48	30.90

698
 699 *Filter Agent*: This agent uses the scorer’s outputs to select the top- k versions that best meet the user’s expectations.
 700 Filter Agent ensures that the selected outputs not only fulfill the intended modification chosen direction (Labels) and
 701 achieve high scores but also filter out generated failures and low-quality content. This prevents content redundancy
 702 and enhances overall generation quality.
 703

704 4.4.2 *Reinforcement Module*. Since user iterations form a tree of nodes enriched with valuable data (selected labels,
 705 prompts, likes /dislikes, and feedback), we developed an analyzer agent to harness both the explicit and implicit
 706 signals from these interactions. The analyzer agent captures behavioral data during the iterative process and uses
 707 chain-of-thought prompts to interpret user revision behavior.
 708

709 *Analyzer Agent*: The analysis pursues two main goals: (1) identifying common editing patterns, including stylistic
 710 preferences, trade-offs between scientific exposition and narrative engagement, and individual user strengths or
 711 weaknesses; and (2) uncovering alternative or underused strategy directions. These insights are passed to the Muse
 712 component (Section 4.3.2). After the user provides feedback on the LLM’s suggestions through Muse, the Analyzer
 713 Agent incorporates this real-time feedback (e.g., approvals or further edits) and updates the Recommender Agent
 714 accordingly. This process refines subsequent strategy recommendations, ensuring that each iteration aligns more closely
 715 with the user’s preferences and habits. The feedback loop enables the system to adapt continuously to personal writing
 716 habits while balancing narrative engagement and scientific exposition throughout the revision process.
 717

718 4.4.3 *Implementation*. SpatialBalancing is implemented as a web application, with a Python-based backend developed
 719 using Flask² framework and a frontend built using ReactFlow³.
 720

721 For the AI agents, we employ different LLMs tailored to their functional roles. The recommender, generator, and filter
 722 agents are powered by the GPT-4o-mini model, optimized for fast, high-quality content generation. The analyzer agent,
 723 which requires deeper reasoning to interpret user behavior and editing patterns, is supported by the GPT-o1 model—a
 724

725
 726 ²<https://flask.palletsprojects.com/en/stable/>

727 ³<https://github.com/wbkd/react-flow/>

729 reasoning-oriented LLM. For the scorer agent, it is powered by a fine-tuned GPT-4o model using a small-sample
730 learning strategy⁴. The frontend into predefined prompt templates and communicates with the remote LLMs to obtain
731 results. This modular design allows us to tailor agent behavior based on context while maintaining flexibility in prompt
732 construction and LLM selection. The detailed use of prompts in the backend can be found in the Appendix A.7.
733

734 5 User Study

735 To better understand how SpatialBalancing's spatial externalized visualization design reshapes writers' cognition and
736 human–AI collaboration during LLM-assisted science communication, we conducted a controlled user study comparing
737 SpatialBalancing with a baseline LLM-supported editing workflow. Our goal was to examine how spatial externalization
738 features shape how writers reason, reflect, and iterate during revision, and to derive design insights for interfaces that
739 better support complex revision processes in the process of co-creation with AI. This study addresses two research
740 questions:
741

742 **RQ1:** *How do spatial externalization features shape users' cognitive processes during LLM-assisted iterative revision?*

743 **RQ2:** *What interaction tensions and user arise from spatial externalized revision interfaces?*

744 5.1 Participants

745 Rather than representing professionally trained science communicators, our participants reflect a growing group of
746 experienced but non-expert science communication creators. To support this, we recruited 16 participants (9 male,
747 7 female; aged 24–31, $M = 26.9$, $SD = 2.0$), all of whom held postgraduate degrees or higher. Many participants were
748 PhD students, postdoctoral researchers, or early-career faculty affiliated with a local university. They all have some
749 experience in creating science communication content and are familiar with using LLM in writing. The demographic
750 information of these participants are in Appendix A.5.
751

752 5.2 Procedure

753 Each study session began with a live demonstration of the system. Participants were encouraged to explore the interface,
754 try out features, and ask questions. During this walkthrough, the task objectives were also explained.
755

756 Each participant completed four text editing tasks: two using the SpatialBalancing system and two with the baseline.
757 The texts were selected to represent two common styles of science communication: expository (e.g., "How mRNA
758 Vaccines Work," "Criteria for Animal Domestication") and narrative storytelling (e.g., "Discovery of Archimedes'
759 Principle," "Living and Thriving with ADHD"). Participants were asked to imagine two specific scenarios: (1) for the
760 expository text: "I have a scientific narrative. How can I make it more engaging and interesting for an online science
761 video?" (2) for the narrative storytelling text: "I have a story as an online science video narrative. How can I link it
762 with more scientific concepts and add scientific credibility?" These two scenarios reflect two common starting points
763 in science communication practice: revising from academically oriented, exposition-heavy scientific content, and
764 developing science narratives from everyday experiences or popular media contexts [18].
765

766 The length of each text averaged 297.75 words ($SD = 19.64$). The complete versions of the source texts used for the
767 editing tasks are provided in Appendix A.3. To ensure balanced exposure and mitigate order effects or personal topic
768 preferences, we counterbalanced both the system order (SpatialBalancing vs. baseline) and the text type assigned to
769 each system. Thus, each participant edited one expository and one narrative text under each system condition.
770

771 ⁴https://platform.openai.com/docs/guides/fine-tuning?utm_source=chatgpt.com

Throughout the tasks, participants were encouraged to think aloud, verbalizing their thoughts, reasoning, and feelings as they interacted with the systems. All sessions were screen-recorded, and system interaction logs—such as button clicks (e.g., label selections, generate, regenerate, prompt input, combine)—were automatically captured for the SpatialBalancing condition.

The baseline system used in this study was an interface consisting of a text editor and a conversational agent (powered by GPT-4o) that supported inline editing and suggestions from LLM. In both conditions, participants were provided with an Excel file containing a comprehensive strategy table. This table included the strategy name, definition, usage instructions, examples, and corresponding labels. Participants were encouraged to use this table as a reference and to copy-paste content into the prompt area as needed during the tasks. As such, the baseline served as a conservative comparison, allowing us to examine how making goals, strategies, and revision states explicit and externalized changes users' cognitive processes and collaboration patterns with LLMs.

5.3 Post-Task Survey and Instruments

After completing both conditions, participants completed a post-task survey with standardized instruments: the System Usability Scale (SUS) [6], NASA-TLX for workload [29], and the Creative Self-Efficacy Index (CSI) [10], with one item adapted to: "I think this system supported me in developing ideas or text collaboratively." We also ask participants to evaluate the usefulness of the main design features of SpatialBalancing using eight questions.

Besides, we developed a concise co-creation survey targeting two metacognitive constructs from cognitive psychology [22, 61]. Metacognitive knowledge assessed awareness of cognitive goals (e.g., "I am aware of my writing goals during the editing process"). Metacognitive regulation captured planning, monitoring, and evaluation [54] (e.g., "I set specific goals for the narrative," "I reflect on editing strategies while using the AI tool," and "I reviewed the narrative to assess how well it communicated scientific content"). These items were adapted from the Metacognitive Awareness Inventory [61] and aligned with recent insights into AI-induced metacognitive demands. To measure perceived control during co-creation, we included items inspired by Human-AI interaction principles [69], focusing on participants' influence over outputs and narrative direction. Perceived autonomy was assessed according to Self-Determination Theory [16], addressing decision-making freedom, expressive latitude, and resistance to system pressure. The full list of items on metacognition, perception of control and autonomy is provided in Appendix A.4.

All instruments (NASA-TLX, SUS, CSI, and co-creation survey) employed a 7-point Likert scale. After task completion, each participant joined a 15-minute semi-structured interview designed to capture deeper insights into cognitive processes, feature usage, perceived system value, and moments of difficulty or breakthrough. These interviews complemented survey responses and enriched our understanding of user experience across both conditions.

6 Results

6.1 RQ1: How do spatial externalization features shape users' cognitive processes during LLM-assisted iterative revision?

Drawing on Kirsh's theory of *thinking with external representations* [37], we analyze how SpatialBalancing's features of spatial externalization reshape users' cognitive processes during LLM-assisted revision. As summarized in Table 3, these features transformed iterative revision from an internally managed, reactive process into a spatially navigable activity that supported goal orientation, trajectory-based metacognitive control, and low-cost exploration.

Type of Spatial Externalization	Spatial Externalization Feature	Cognitive Function (Kirsh [37])	Observed Reasoning and Behavior	Representative Evidence
Rhetorical Goals	2D coordinate space (scientific exposition × narrative engagement)	<i>Persistent referents; representation of abstract goals</i>	Externalized rhetorical trade-offs as a stable design state that users could continuously reference, helping them remain oriented to competing goals and avoid drifting into single-direction revisions	"The coordinate graph keeps me from getting lost balancing the two dimensions during revisions" (P3); "I refer to the scores to decide which dimension I need to improve—otherwise I might just keep revising in one direction without noticing as I do in baseline" (P12)
	Strategy labels aligned with axes	<i>Explicit encoding of strategies; action scaffolding</i>	Made rhetorical goals actionable by mapping abstract intentions to concrete revision moves; helped users recognize available strategies and reduced the effort of deciding how to revise	"The labels make me realize what kinds of things I should be doing instead of getting lost in details" (P1); "It gave me methods I hadn't considered before" (P12); "The strategies are packaged—I just click and go" (P7)
Iterative Revision Trajectories	Node-based version layout with visible scores	<i>Reduced inferential cost; calibration through comparison</i>	Enabled side-by-side comparison across multiple versions; scores functioned as indicative reference points to support judgment and prioritization rather than optimization toward a single metric	"I can see strengths and weaknesses by comparing the score of different nodes, not just reading one version" (P8); "Now I first check whether the engagement score is higher compared with previous nodes before reading carefully" (P10); "Coordinate scores help me align edits with my standards and visually track progress. Seeing engagement scores rise reinforces my decisions and makes me feel that I am heading in the right direction." (P3)
	Persistent revision traces with spatial movement	<i>Trajectory-based reasoning; lowering control cost</i>	Supported reflection across iterations by making revision history visible as a trajectory of movement, allowing users to interpret progress, regression, and compensatory adjustments between goals	"I can see where each step leads and go back to earlier versions" (P2); "Each version becomes a reference point rather than something I have to remember" (P13); Iterative shifts across axes observed in Fig. 7
Exploratory Space	Spatial Parallel Prototyping workspace	<i>Changing cost structure of exploration</i>	Lowered the cost of experimentation by enabling non-linear branching, parallel exploration, and reversible decisions without committing to a single path	Higher CSI Exploration and Enjoyment scores; "It gave me room to play and test different directions with low cost" (P11); "I can try several versions of editing direction and still come back to earlier ones to make editing in another direction" (P6); "By selecting different labels, I can explore multiple revision directions, while adjusting strategies or prompts to personalize the edits. This gives me a strong sense of creative flexibility (P1)." (P1)

Table 3. How system interface design supports thinking with external representations [37], linking spatial externalization features to cognitive functions and observed reasoning behaviors in LLM-assisted revision.

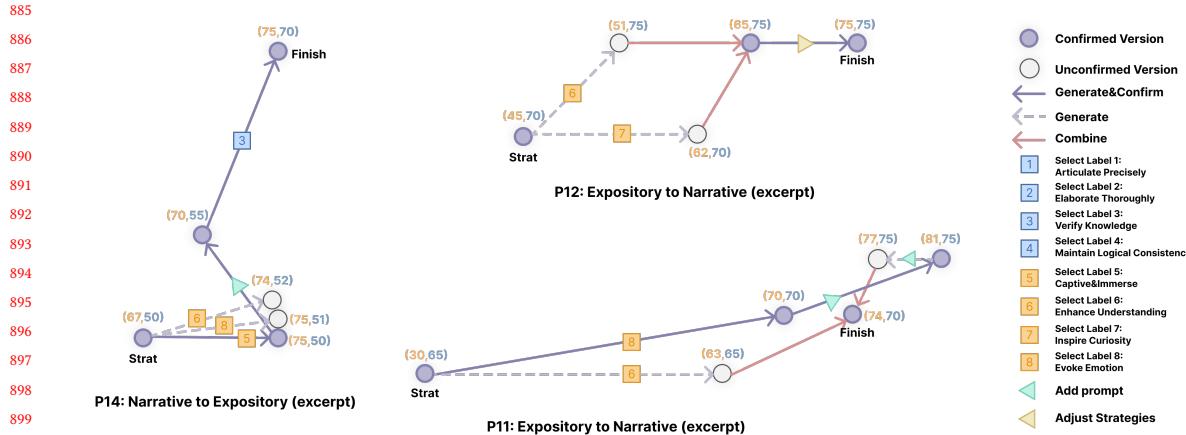


Fig. 7. Visualization examples of segment revisions from P11, P12, and P14.

6.1.1 *2D Spatial Externalized Visualization Supports Orientation to Rhetorical Goals.* Externalizing scientific exposition and narrative engagement as persistent visual dimensions helped participants remain oriented to competing rhetorical goals throughout revision. Rather than reasoning about balance implicitly or retrospectively, participants treated the coordinate space as a stable reference state that made trade-offs continuously visible (Table 3, Row 1). This reduced goal drift commonly observed in prompt-only workflows and supported focused prioritization during editing(P1, P8, P12).

Strategy labels further operationalized these goals by encoding abstract intentions into actionable revision moves, helping users, especially less experienced writers decide how to revise rather than just whether to revise (P1, P4, P7, P12) (Table 3, Row 2). Among all evaluated features, the two-axis feedback($M = 5.94$, $SD=1.18$) and the strategy labels ($M = 5.81$, $SD=1.17$) were perceived as the most useful, receiving the highest mean ratings with relatively low variance, highlighting their central role in supporting users' revision decisions (Appendix Figure 12).

6.1.2 *Spatial Externalized Visualizing Revision Trajectory Enables Metacognitive Control and Confidence Across Iterations.* Beyond moment-to-moment orientation, spatial externalization supported metacognitive control across iterations by visualizing the revision trajectory through externalizing the available choices and decisions. Quantitatively, participants using SpatialBalancing reported significantly higher levels of metacognition in reflecting on their own strategies and adjusting strategies during editing (Q3, Q4; see Table 8).

Participants framed revision as a trajectory-based process, deliberately advancing toward one rhetorical goal and then compensating toward the other to restore balance (as shown in Appendix A.6 Figure 11 and Figure 7). This behavior reflects metacognitive control, as writers monitored the effects of prior edits and adjusted subsequent strategies accordingly. Rather than treating generations as isolated outputs, they used externalized cues to track revision states over time and coordinate strategy shifts across iterations, enabling reflective, goal-directed revision.

Qualitatively, the node-based version layout with visible scores and the persistent revision traces with spatial movement jointly supported decision making and process-level control during iterative revision (Table 3, Rows 3–4). By enabling side-by-side comparison across versions, visible scores reduced inferential cost and provided indicative reference points that helped participants judge relative strengths, prioritize revision directions, and decide where to invest attention (P1, P8, P10, P3). Beyond local decisions, persistent spatial traces externalized revision history as a

937 trajectory, allowing participants to interpret progress, regression, and compensatory shifts between rhetorical goals (P2,
 938 P13).

939 Furthermore, scores were used for calibration rather than optimization, reinforcing confidence in the revision process.
 940 Just as P3 mentioned, “coordinate scores help me align edits with my standards and visually track progress. Seeing
 941 Engagement scores rise reinforces my decisions and making me feel that I am heading in the right direction.” By
 942 making progress perceptible across iterations, externalization reduces epistemic uncertainty about whether local edits
 943 contribute to higher-level goals, thus making participants feel more confident.
 944

945 *6.1.3 Spatial Externalized Exploratory Space Changes the Cost Structure of Exploration.* Externalizing the exploratory
 946 space also supports creativity. Participants rated SpatialBalancing significantly higher in Exploration and Enjoyment
 947 on the CSI questionnaire (Figure 9), without increases in perceived cognitive load (NASA-TLX; Table 4). Qualitative
 948 insights indicate that the shared spatial workspace enabled non-linear branching, parallel comparison, and reversible
 949 decisions, lowering the risk and effort associated with experimentation (Table 3, Row 5). The free exploratory space
 950 also allowed users to explore multiple revision directions simultaneously, encouraging playful testing and occasional
 951 conceptual shifts that would be less likely in linear prompt-response workflows.
 952

		SpatialBalancing		Baseline		Statistics	
		mean	std	mean	std	p-value	Sig.
NASA-TLX [29]	Mental Demand	4.63	1.36	4.19	1.68	.404	—
	Physical Demand	3.19	1.60	2.63	0.96	.261	—
	Temporal Demand	2.63	1.36	3.19	1.38	.343	—
	Effort	3.94	1.39	4.44	1.79	.241	—
	Performance	5.13	0.89	4.88	0.96	.372	—
	Frustration	2.88	1.59	3.00	1.32	.724	—
SUS [6]	Q1: use frequently	5.13	1.54	4.38	1.36	.155	—
	Q2: unnecessarily complex	3.00	1.41	2.94	0.85	.899	—
	Q3: easy to use	4.94	1.69	4.88	1.15	.964	—
	Q4: need support	3.94	1.91	2.81	1.87	.031	*
	Q5: function well integrated	5.13	1.26	3.44	1.36	.003	**
	Q6: inconsistency	3.06	1.39	3.25	1.53	.719	—
	Q7: learn to use quickly	4.88	1.59	5.06	1.44	.604	—
	Q8: awkward	2.44	1.26	2.50	1.37	.927	—
	Q9: confident	4.50	1.32	4.50	1.37	.812	—
	Q10: need learning	3.81	1.56	3.38	1.89	.397	—
	Overall Score	70.78	29.70	68.44	26.94	.729	—

953 Table 4. The statistical results of NASA-TLX and SUS questionnaires. (*: $p < 0.05$ and **: $p < 0.01$).

954 6.2 RQ2: What interaction tensions and user expectations arise from spatial externalized revision 955 interfaces?

956 *6.2.1 Balancing Externalized Guidance and User Judgment.* Participants described how the system’s visual and scoring
 957 feedback may influence their evaluation practices in subtle ways. While the coordinate axis enabled intuitive comparisons
 958 between revisions, some participants noted that the visibility and immediacy of scores could reduce their depth of
 959 textual engagement. As P4 reflected, “When using the system, I outsourced a large part of the thinking process to
 960 the AI. It’s faster and more efficient, but I also tend to think less carefully about the output as I trust the score results
 961

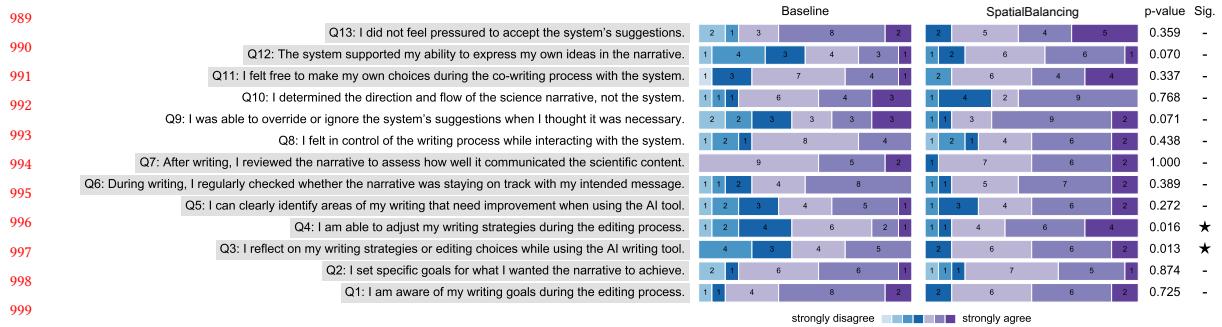
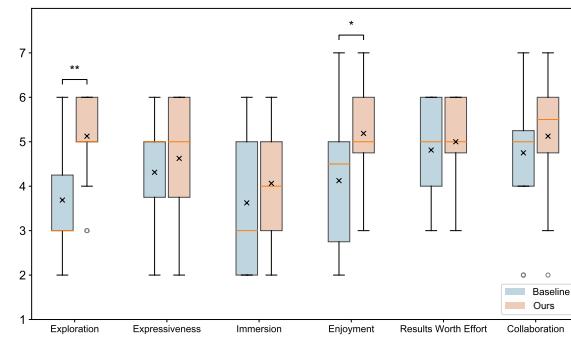


Fig. 8. Results of the Metacognition (Q1–Q7), Control (Q8–Q10), and Autonomy (Q11–Q13) questionnaires ($p < .05$ marked with *; $p < .01$ with **). Significant differences were observed in Metacognition: RQ3 ($M = 5.50$ (SpatialBalancing) vs. 4.63 (Baseline), $p = .013$) and RQ4 ($M = 5.69$ vs. 4.56, $p = .016$); marginal differences in Control: RQ9 ($M = 5.63$ vs. 4.75, $p = .071$) and Autonomy: RQ12 ($M = 5.25$ vs. 4.44, $p = .070$).



1019 Fig. 9. The results of CSI questionnaire. (*: $p < 0.05$ and **: $p < 0.01$). Participants rated SpatialBalancing significantly higher in
 1020 terms of "Exploration" ($M = 5.13$ (SpatialBalancing) vs. 3.69 (Baseline), $p = .004$) and "Enjoyment" ($M = 5.19$ vs. 4.13 , $p = .039$)

more than I did with the baseline. In baseline, I would read text more carefully and make judgments by myself." This suggests that while externalized scoring streamlines comparison, it can also shift evaluative effort away from close reading toward greater reliance on system-provided judgments.

Others expressed a degree of caution about over-relying on the scores. P16 noted that while the visual feedback was useful, “the scores are indicative rather than definitive. They sometimes do not reflect the actual quality of the generation and still require human judgment.” P7 also noted that although the coordinate view provides scores, they still read the text carefully and reconcile the system’s feedback with their own standards. As a result, they sometimes chose versions located at intermediate positions rather than pursuing extreme scores. These reflections suggest a potential tension: while the system offers accessible and actionable feedback, its effectiveness depends on users’ ability to critically interpret the signals rather than accept them at face value.

Concerns about the interpretability of scoring were also raised. As P14 said, "Sometimes I don't know what an increase in score actually means. I can't tell whether each label contributes differently to the score or what specific content led to a higher score. I want to understand the logic behind the numbers." This suggests the interpretability of the scores and the changes made to them also needs improvement.

1041 6.2.2 *Seek More Flexible and Adaptivity of Externalization in Use.* While the eight-label set was seen as a helpful starting
1042 point, more experienced participants felt it could be more flexible to be customized to better support their advanced
1043 needs. P3 shared that: P1, P3, P2, and P14 wished they could combine or tailor underlying strategies to form customized
1044 labels to align more closely with their specific intentions. P1 expressed a desire to curate combinations of strategies
1045 based on their own habits, and to flexibly create new combinations to support more personalized needs. P14 also noted,
1046 “In addition to the current style-focused labels, it would be helpful to include others that target areas in writing revision
1047 like grammar or tone.” Together, these responses reflect a tension between predefined externalized guidance and users’
1048 desire for greater agency.

1049 Participants also reported that repeated exposure to the coordinate scores helped them develop a personal reference
1050 range, allowing them to recognize patterns in their own writing habits over time (P3, P4). Rather than treating the
1051 scores as absolute targets, they used them to understand where their typical writing tended to fall and how revisions
1052 shifted that position. As P3 suggests, “if the visualization can provide further visual indication of the score ranges
1053 preferred by specific reader groups, it could enable more informed adjustments by helping authors intentionally
1054 move the revision points toward positions that better align with different audience expectations. This indicates that
1055 participants appropriated the coordinate scores as a personalized, evolving reference system rather than fixed evaluative
1056 benchmarks, using repeated exposure to calibrate their own writing tendencies and reason about audience-specific
1057 adjustments.

1058 6.2.3 *More Proactive and Grounded Feedback in the Revision Process.* While participants appreciated what Muse could
1059 already do to help reflect on the whole revision process (P2, P6, P13, P14), P2 wanted more real-time dialogue: “I wish it
1060 were more interactive—like chatting with someone who helps me reflect as I go during the revision process.” P13 and
1061 P14 also expected the system to proactively offer assistance, even before they explicitly recognized the need for help.
1062 The log data further indicates that participants tended to use the Muse function primarily at the final stage of their
1063 revision and only once in most cases (Appendix Figure A.6). This points to the need for more proactive and embedded
1064 reflective interactions rather than relying on users to initiate reflection themselves.

1065 Participants also wished that Muse could give more personalized and context-specific feedback in the revision process
1066 (P1, P8). “Right now, Muse gives high-level suggestions,” P8 said. “But it’d be more useful if it could point to which step
1067 or decision was strong or weak, and explain why.” This suggests that participants seek feedback that is grounded in
1068 specific revision actions and their underlying rationale.

1069 7 Discussion

1070 7.1 Design Insights for Externalization in Human–AI Writing Interfaces

1071 7.1.1 *Design Insight 1: Mitigating Metacognitive Laziness of Relying on Externalization.* According to distributed cognition,
1072 reflection and problem solving are not confined to an individual’s internal reasoning, but are distributed across
1073 interactions among users, AI models, and external tools [28]. In such distributed cognitive systems, merely providing
1074 access to knowledge or suggestions is insufficient. Users must also be able to understand, monitor, and regulate how this
1075 knowledge is produced, interpreted, and applied within the system—an ability that lies at the core of metacognition [64].
1076 Our user study suggests that externalizing rhetorical goals and revision trajectories can effectively enhance metacog-
1077 nitive regulation during LLM-assisted revision. By making abstract goals and revision progress perceptible through
1078 spatial cues, users were better able to reflect on their editing strategies, adjust revision directions across iterations, and
1079

1093 maintain a sense of process-level control. These findings align with prior work showing that external representations
1094 can support planning, monitoring, and evaluation by reducing the inferential burden of tracking change internally [37].
1095

1096 However, the same externalization properties also reveal a potential tension. Highly legible and actionable feedback—
1097 such as explicit scores and spatial comparisons can simultaneously support reflection and displace reflective effort.
1098 Several participants reported that they began to rely more on system-provided cues to make decisions, sometimes at
1099 the expense of close reading and independent evaluation of the text. In these moments, evaluative judgment shifted
1100 from users' own critical reasoning toward system-generated signals. This echoes prior findings that frequent reliance
1101 on LLM feedback may encourage over-trust and lead to "metacognitive laziness," in which users reduce self-regulation
1102 and critical engagement with the task [20, 64].

1103 Together, these findings highlight an important design challenge that rather than treating cognitive offloading as
1104 an unqualified benefit, designers should carefully consider what aspects of cognition are externalized and how users
1105 are invited to engage with them [64]. Design consideration using this kind of externalized visualization features can
1106 be made: (1) Designing feedback as reflective prompts rather than prescriptive, for example, by framing scores as
1107 indicative signals that invite interpretation, comparison, or questioning, instead of optimization targets; (2) Supporting
1108 moments of deliberate re-engagement, such as encouraging users to articulate why they accept, reject, or override
1109 system suggestions, thereby reinforcing evaluative ownership; (3) Providing adjustable levels of guidance, allowing
1110 users to control when and how much evaluative feedback is visible, so that reliance on external cues can be modulated
1111 over time and expertise levels. (4) Making the basis of system feedback more interpretable, helping users understand
1112 why certain revisions shift scores, which can transform externalized metrics from authority signals into learning
1113 resources.

1114

1115 *7.1.2 Design Insight 2: Preserving Agency through Adaptive Mixed-Initiative Externalization.* Scaffolding through ex-
1116 ternalization is effective for supporting rapid prototyping and reducing decision overhead in LLM-assisted writing,
1117 particularly in early stages of revision. By packaging strategies into higher-level labels, the system helps users quickly
1118 explore and compare revision directions. However, as users gain experience, fixed scaffolds can become constraining,
1119 no longer aligning with their evolving intentions, personal writing habits, or situational goals. Our findings show
1120 that experienced users wanted to move beyond predefined labels by curating and recombining underlying strategies,
1121 treating externalized structures not as fixed guidance but as resources to be reshaped.

1122 These findings suggest that externalization should function as a flexible and adaptive substrate, rather than a static
1123 scaffold. Interfaces should support user-driven customization of externalized elements (e.g., allowing users to create or
1124 curate personalized labels), while also enabling system-driven adaptation based on observed interaction patterns. For
1125 example, by reflecting stable writing patterns back into the visualization—such as indicating personal reference zones or
1126 audience-specific target regions within the exploratory space—the system can adapt externalized cues to users' evolving
1127 goals and habits. In this way, externalization shifts from prescribing ideal targets to supporting situated self-regulation.
1128 Previous work suggests that agency in human–AI co-creation fluctuates across the creative process [56], so designs
1129 that adapt externalization in this manner preserve the efficiency benefits of scaffolding while gradually restoring user
1130 agency, enabling more individualized, reflective, and sustainable writing practices in human–AI collaboration.

1131

1132 *7.1.3 Design Insight 3: Providing Proactive In-Situ Reflective Support.* While reflective support is essential for helping
1133 writers make sense of iterative revisions, relying on users to explicitly initiate reflection can limit its effectiveness. In
1134 our results, we found that when reflection relied primarily on user initiative, participants were less likely to engage in
1135

1145 it proactively. Instead, they expressed a preference for more step-by-step, in-situ reflective support integrated into the
1146 revision process.

1147 This finding points to the need for proactive mechanisms that surface reflective support at appropriate moments
1148 within the revision process. For example, rather than relying on users to pause and reflect on their own, systems should
1149 proactively trigger reflection at natural breakpoints in revision, such as when users compare alternatives, confirm a
1150 revision, or shift revision direction, instead of expecting users to stop. In addition, reflective support should be grounded
1151 in visible artifacts of revision [75, 76] such as generated alternatives, score changes, or spatial movements—to make
1152 reflection concrete and interpretable. For example, when users repeatedly explore multiple versions of a passage without
1153 reaching a satisfactory outcome, the system can proactively surface reflective questions besides the revision node to
1154 help clarify underlying intentions.

1158 7.2 Limitation and Future Work

1159 We describe several limitations in the study to define the scope of our findings clearly and motivate future work.

1160 7.2.1 *Lack of Evaluation on Text Quality and Communication Effectiveness.* One limitation of the current study is the
1161 absence of a systematic evaluation of the generated texts, though our main focus is the design and deployment of the
1162 system. While the system produces revised versions of scientific narratives, we did not assess whether these revisions
1163 lead to improvements in quality for science communication purposes. Future studies could investigate whether the
1164 generated texts are more engaging and whether they facilitate better knowledge retention among audiences. Objective
1165 and subjective measures, such as expert evaluation, audience feedback through deployment, and comprehension tests,
1166 could be employed to evaluate the effectiveness of the texts in real-world science communication settings to further
1167 validate the effectiveness of the system for the output of texts.

1168 7.2.2 *Evaluation Dependency on Proxy Scores.* To demonstrate SpatialBalancing with minimal evaluation overhead, we
1169 adopted a low-cost approach that uses model-generated proxy scores to approximate audience feedback on scientific
1170 exposition and narrative engagement. These proxies were intended to support comparative reasoning and iterative
1171 decision making during revision, rather than to represent comprehensive or definitive audience judgments. While such
1172 scores may reflect the expectations of a particular participant group, they cannot capture the full diversity of real-world
1173 audiences or contexts (e.g., classroom learning vs. online videos). Accordingly, the current scoring mechanism should
1174 be understood as a design probe, and future work should validate and extend it with audience- and context-specific
1175 evaluation methods.

1176 7.2.3 *Methodological Limitations.* This work has common methodological limitations including the short-term nature
1177 of system testing which may not reveal long-term adoption patterns, and the relatively homogeneous participant
1178 demographics that may not represent all potential user groups. Future work will aim to address the previously mentioned
1179 and these limitations through more comprehensive evaluations.

1180 8 Conclusion

1181 Our results show that spatial externalization reshape how writers reason about LLM-assisted revision. By externalizing
1182 rhetorical goals and revision history in an exploratory spatial workspace, participants treated revision as a trajectory
1183 rather than a series of isolated edits, enabling sustained goal orientation, metacognitive control across iterations,
1184 and low-cost exploration of alternatives. The two-dimensional feedback functioned as navigational cues—supporting
1185

1197 calibration and reflection, rather than prescriptive optimization signals. At the same time, participants surfaced tensions
 1198 around over-reliance on externalized scores and the need for more flexible, adaptive forms of externalization. Together,
 1199 these findings suggest that the value of spatial exploratory interfaces lies not in generating better revisions per se, but
 1200 in supporting writers' ability to navigate, reflect on, and steer complex revision processes over time.
 1201

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1405 A Appendix

1406 A.1 Specific Strategies for Science Communication Writing

1408 Table 5. Design Space for Science Communication Writing

1410 Category	1411 Strategy	1412 Definition	1413 Label
1414 Scientific Exposition	(1) Layered Transitions [38, 49, 60, 68]	Use multiple transition words or phrases (e.g., "but," "and," "therefore") within a short span to emphasize logical shifts and contrasts.	4
	(2) Rigorous Source Verification [1, 38, 58]	Cross-check scientific claims and data against reliable, peer-reviewed sources to ensure exposition.	3
	(3) Step-by-Step Explanation [2, 38]	Introduce the core idea first and then progressively add background details, creating a structured learning process.	2, 4
	(4) Acknowledge Uncertainties [32]	Transparently discuss uncertainties, potential biases, or limitations in data and models to build credibility.	1, 2
	(5) Consistent Terminology [39]	Use the same terminology throughout the content to maintain clarity and avoid confusion.	1
	(6) Citations & Quotes [1, 19]	Integrate citations and direct quotes seamlessly to enhance credibility while maintaining narrative flow.	3
	(7) Everyday Events to Scientific Insights [2, 39]	Automatically identify and link theories or knowledge to real-world events or stories mentioned in the text.	2, 3
1424 Narrative Engagement	(8) Question-Answer Hook [21, 30, 40]	Ask a direct question and provide an immediate answer to introduce key concepts clearly and concisely.	5, 6, 7
	(9) Reflection Question [21]	Ask a thought-provoking question that does not require an immediate answer, encouraging reflection and reinforcing key concepts.	5, 7, 8
	(10) Suspense-Driven Reveal [72, 78]	Present a question, problem, or scenario at the beginning and delay its resolution to sustain curiosity.	5, 7
	(11) Use metaphors [21, 39?]	Convey unfamiliar concepts by drawing analogies to more familiar ones.	5, 6
	(12) Inject humor [27]	Use playful language or puns to make the content more engaging and enjoyable.	5, 8
	(13) Add real-world supporting examples [44, 45]	Illustrate abstract concepts using relatable, real-world examples.	5, 6
	(14) Add stories [13, 14, 45]	Use narratives with characters, settings, and plot progression to enhance engagement and memorability.	5, 6, 8
	(15) Add an imagery description [21, 26, 62]	Use vivid, sensory details to help the audience visualize concepts.	5, 6
	(16) Create negative emphasis for focused attention [21, 26, 30, 52]	Highlight extreme negative outcomes to intensify focus and reinforce key lessons.	5, 8
	(17) Make positive emotion to expand action repertoire [21, 25, 26, 52, 59, 70]	Use uplifting messages, particularly in conclusions, to inspire optimism and motivation.	5, 8
	(18) Simplify and abstract language [31, 35, 80]	Rephrase complex scientific terminology or detailed descriptions into more general, accessible language without compromising core exposition.	1, 6
	(19) Clarify Key Terms [52, 60]	Define complex or specialized terms at the beginning to establish a shared understanding.	1, 6
	(20) Key Point Recap [21, 52, 67]	Summarize the main points concisely at the conclusion of the content to reinforce memory retention.	1, 4, 6
1446 Both	(21) Repeat key point(s) or question(s) [4, 34]	Reinforce key concepts by strategically repeating crucial terms or questions.	1, 6
	(22) Emphasize with Numbers [24, 74]	Connect scientific discussions to real-world recent news or trends to enhance relevance and engagement.	1, 2, 3, 8
	(23) Strengthen the Connections Between Content [49, 68]	Ensure smooth transitions between related ideas by using bridging statements or contextual links.	4, 6
	(24) Present Balanced Views [39]	Provide both supporting evidence and counterarguments to present a well-rounded discussion.	2, 6
	(25) Tie Science to Current Events [2, 39]	Connect scientific discussions to real-world recent news or relevant stories.	3, 5, 6

1452 ***Label:** *Scientific Exposition Effects:* 1. Articulate Precisely; 2. Elaborate Thoroughly; 3. Verify Knowledge; 4. Maintain Logical Consistency

1453 *Narrative Engagement Effects:* 5. Captivate & Immerse; 6. Enhance Understanding; 7. Inspire Curiosity; 8. Evoke Emotion

1457 A.2 Rating Model Construction

1458 Our primary goal in constructing the coordinate axis is to simulate audience feedback so that users can receive real-time
1459 evaluations. Therefore, we collected real user feedback on texts with varying characteristics to fine-tune a LLM that
1460 can provide scores during the real-time writing process.

1461 *Dataset Construction* We first built a dataset of popular science texts containing 45 texts (example in section A.2.1)
1462 from five commonly seen science communication topics: psychology, economics, geography, history, and physics. For
1463 each topic, there are nine texts; three each of long (300 words), medium (150 words), and short (50 words) formats;
1464 representing three typical levels of revision granularity in science communication. Within each length category, we
1465 included three different levels of narrative transformation: (1) purely expository scientific texts (Expository), (2) fully
1466 narrative story-like texts (Story), and (3) an intermediate "infotainment" style (Medium), which is an ideal format in
1467 popular science that maintains scientific exposition while incorporating narrative strategies from our design space. All
1468 texts were revised by an expert with two years of experience in science communication writing

1469 *Score Collection* We designed a survey to collect ratings for these texts on two dimensions: Narrative Engagement
1470 and Scientific Exposition, two main communication goals in popular science [13]. For Narrative Engagement, we used
1471 five subscales: Narrative Presence, Emotional Engagement, Narrative Understanding, Curiosity, and General Narrative
1472 Engagement, a survey developed by prior work [8]. For Scientific Exposition, given the lack of mature scales, we
1473 measured five dimensions inspired by standards for scientific texts from previous research [13]: Conceptual Clarity,
1474 Plausibility, Completeness, and Perceived Factual Correctness. The full questionnaire can be found in the section .

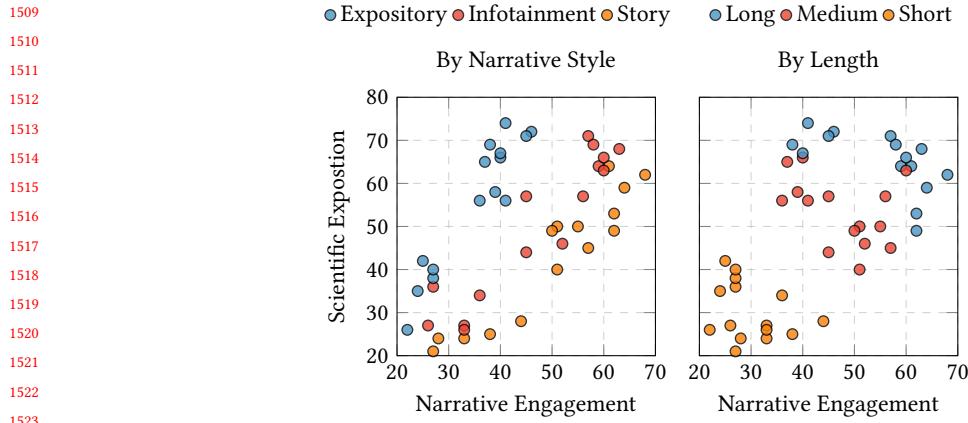
1475 *Participants* First, we recruited three experts (each with more than one year of experience in creating science
1476 narratives) to rate the texts. After rating, they discussed and jointly established a scoring rubric, including benchmarks
1477 for each score range from 0 to 10. Next, we recruited 27 participants interested in science communication. We invite
1478 experts to establish standards as a reference point for audience ratings, in order to reduce variance in their subjective
1479 evaluations of the text. The criteria established by experts are in the Appendix A.2.3.

1480 *Survey Results* The distribution of scores for the 45 texts is displayed in the Figure 10. It is shown that story-like
1481 texts tend to elicit higher narrative engagement but exhibit lower scientific exposition. In contrast, expository texts
1482 maintain higher scientific exposition at the expense of engagement. The infotainment style appears to strike a balance
1483 between the two. Additionally, longer texts generally perform better in both dimensions, whereas shorter texts show
1484 lower overall scores, likely due to limitations in content depth and development.

1485 *Final Model Fine-Tuning* For each text, we first computed the average score across the five questions within each of
1486 the two dimensions and then averaged these scores across all 27 participants. To match the 0–100 scale of the final
1487 coordinate axis, the scores were scaled by a factor of 10. These scaled scores (representing the two dimensions) served
1488 as the output, while the corresponding text and the expert-defined criteria used as reference formed the input.

1489 During the development phase, we adopted a small-sample fine-tuning strategy to customize GPT-4o for our domain-
1490 specific application. This approach, which leverages a relatively limited number of high-quality training examples, has
1491 been shown to be both efficient and practically effective in enhancing model performance on specialized tasks ⁵. We
1492 prepared and uploaded the curated dataset through OpenAI's official platform and used their fine-tuning API to tailor
1493 GPT-4o. The resulting customized model served as the backbone of our scoring system.

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1507 ⁵https://platform.openai.com/docs/guides/fine-tuning?utm_source=chatgpt.com



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Fig. 10. Each point represents one of 45 science communication texts, plotted by its average audience rating for narrative engagement (x-axis) and scientific exposition (y-axis), based on 27 crowd-sourced rubric-based evaluations per text. The left panel groups texts by narrative style: Expository (informational, fact-focused), Story (highly narrative), and infotainment (represents infotainment-style revisions that blend factual exposition with narrative strategies). The right panel groups texts by length (Short=50 words, Medium=150 words, Long=300 words).

Technical Evaluation To validate the reliability of this scoring mechanism, we conducted a formal evaluation. We constructed a controlled dataset consisting of five source articles, each systematically rewritten into three different lengths (long, medium, short) and expressed in three different styles (expository, medium, story). This design yields nine distinct variants per article, resulting in a total of 45 text samples. From this dataset, we randomly selected 33 samples for fine-tuning GPT-4o, while reserving 12 samples for evaluation. The fine-tuned model was assessed against human ratings on two key dimensions: narrative engagement and scientific exposition. On the held-out test set, the fine-tuned model demonstrated a high degree of alignment with human judgment, achieving Pearson correlation coefficients of 0.90 and 0.91 for narrative and exposition scores, respectively. In addition, the model's predictive reliability was reflected in RMSE values of 6.48 and 7.02. These results indicate that the fine-tuned LLM scoring mechanism can effectively approximate human evaluative patterns, thereby providing a reliable and scalable alternative to manual scoring.

A.2.1 Example of Content.

Please view the materials via this anonymous link: <https://cryptpad.fr/doc/#/2/doc/view/7V7gS5xcQdZwo0mLeBbfQe6HEgU+02HqdaupBV9tA0/>

A.2.2 Survey used for gathering audience feedback.

Please view the survey via the anonymous link: <https://cryptpad.fr/doc/#/2/doc/view/XfWs-wD3qmBXSnEC0YqM9EZg2GO+H2RJYUqyrevj1I/>

A.2.3 Score Criteria.

Please view the criteria via this anonymous link: <https://cryptpad.fr/doc/#/2/doc/view/uNMusLpCPWGwzqKWi04F0TY+20nW2hnG1NkS1V2BHB4/>

A.3 Materials used for experiment

Please view the materials via this anonymous link: <https://cryptpad.fr/doc/#/2/doc/view/Q3Jhj+HhzHtt9zYqyF0Sv4mziQYBp6oWl43a84Gqmeg>

A.4 Survey**Part 1: Metacognition**

1564 Metacognitive Knowledge: This pertains to an individual's awareness and understanding of their own cognitive
1565 processes and strategies

1566 Q1: I am aware of my writing goals during the editing process.

1567 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1569 Metacognitive Regulation: This involves the active management of one's cognitive processes through planning,
1570 monitoring, and evaluating

1572 Q2: I set specific goals for what I wanted the narrative to achieve.

1573 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1575 Q3: I reflect on my writing strategies or editing choices while using the AI writing tool. (Indicates real-time assessment
1576 of strategy effectiveness.)

1578 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1580 Q4: During writing, I regularly checked whether the narrative was staying on track with my intended message.

1581 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1583 Q5: I can clearly identify areas of my writing that need improvement when using the AI tool.

1584 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1586 Q6: After writing, I reviewed the narrative to assess how well it communicated the scientific content.

1588 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1590 Q7: I am able to adjust my writing strategies during the editing process.

1591 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

Part 2: Control (Control:)

1595 Q8: I felt in control of the writing process while interacting with the system.

1597 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1598 Q9: I was able to override or ignore the system's suggestions when I thought it was necessary.

1600 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1602 Q10: I determined the direction and flow of the science narrative, not the system.

1603 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

Part 3: Autonomy (Autonomy:)

1606 Q11: I felt free to make my own choices during the co-writing process with the system.

1609 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1610 Q12: The system supported my ability to express my own ideas in the narrative.

1613 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1614

1615 Q13: I did not feel pressured to accept the system's suggestions.

1616

1617 Strongly Disagree 1 2 3 4 5 6 7 Strongly Agree

1618

1619 A.5 Participants demographic information

1620

1621 ID	1622 Age	1623 Gender	1624 Education	1625 AI Writing Use	1626 Writing Confidence	1627 Occupation
1622 1	1623 26	1624 Male	1625 Postgraduate	1626 Occasionally	1627 Confident	1628 (a)
1623 2	1624 27	1625 Male	1626 Postgraduate	1627 Daily	1628 Confident	1629 (a), (b), (c), (d)
1624 3	1625 26	1626 Male	1627 Postgraduate	1628 Daily	1629 Confident	1630 (b), (d)
1625 4	1626 25	1627 Female	1628 Postgraduate	1629 Daily	1630 Confident	1631 (a), (b), (c)
1626 5	1627 24	1628 Male	1629 Postgraduate	1630 Daily	1631 Confident	1632 (a)
1627 6	1628 28	1629 Female	1630 Postgraduate	1631 Weekly	1632 Neutral	1633 (a)
1628 7	1629 28	1630 Male	1631 Postgraduate	1632 Occasionally	1633 Neutral	1634 (a)
1629 8	1630 29	1631 Female	1632 Higher than postgraduate	1633 Daily	1634 Confident	1635 (a), (b)
1630 9	1631 31	1632 Male	1633 Postgraduate	1634 Weekly	1635 Neutral	1636 (a)
1631 10	1632 24	1633 Female	1634 Postgraduate	1635 Occasionally	1636 Confident	1637 (a), (c)
1632 11	1633 29	1634 Female	1635 Postgraduate	1636 Weekly	1637 Neutral	1638 (a)
1633 12	1634 26	1635 Male	1636 Postgraduate	1637 Weekly	1638 Neutral	1639 (a)
1634 13	1635 27	1636 Male	1637 Postgraduate	1638 Daily	1639 confident	1640 (a), (b)
1635 14	1636 24	1637 Female	1638 Postgraduate	1639 Weekly	1640 Neutral	1641 (a)
1636 15	1637 30	1638 Male	1639 Postgraduate	1640 Weekly	1641 Neutral	1642 (a)
1637 16	1638 30	1639 Female	1640 Postgraduate	1641 Weekly	1642 Neutral	1643 (a)

1638 **Occupation:** (a) PhD Student / Postdoctoral Researcher / University Faculty / Researcher;

1639 (b) Science Journalist / Media Producer;

1640 (c) Educator / Teacher;

1641 (d) Online Science Content Creator (e.g., YouTube, Blog, TikTok, etc.)

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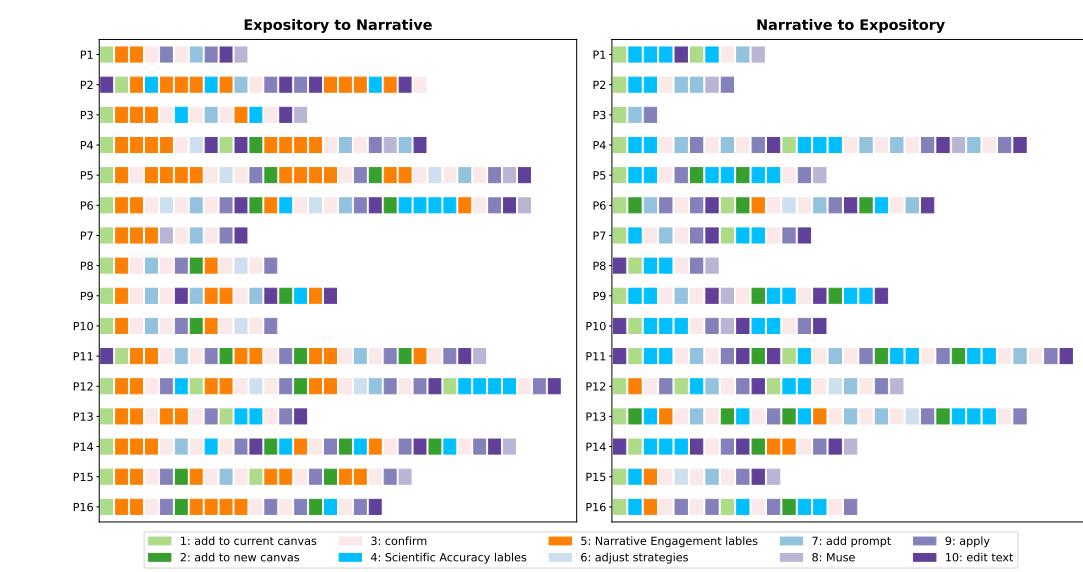
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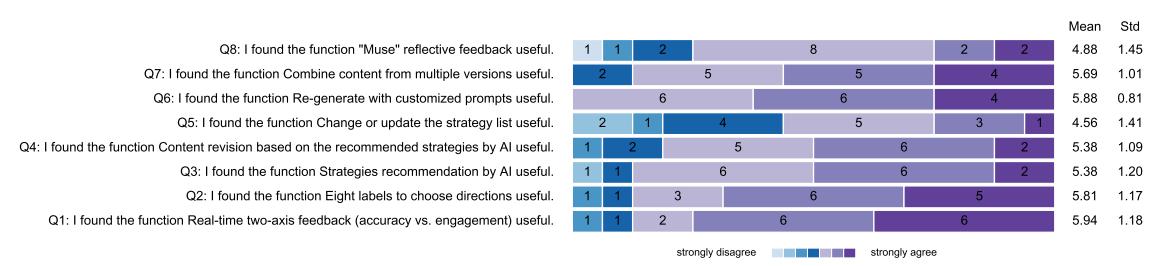
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1665 A.6 User Study Results

1666 1. Visualization of interaction behaviors from 16 participants across two revision directions:



1688 Fig. 11. Visualization of interaction behaviors from 16 participants across two revision directions.



1701 Fig. 12. Functional Evaluation of SpatialBalancing.

1717 A.7 Prompts

1718 A.7.1 Recommender.

1720 The blue word will be replaced by input information.

1721

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1725

1726 `# Base prompt`

1727 You are an expert in science communication narrative text revision and strategy recommendation.

1728 Your task is to analyze the given text and recommend effective strategies to improve it.

1729

1730 `# Order prompt`

1731 Step 1: Analyze the Text.

1732 Position: Identify where the selected text `{text}` appears in the `{overall_content}`.

1733 Granularity: Determine whether the text consists of sentences, paragraphs, or a complete document.

1734 Core Message: Extract the key ideas that must be preserved and effectively conveyed in text.

1735

1736 Step 2: Select Strategies Review the available strategy list `{strategy_info}`, including their
1737 definitions, examples, and usage instructions. Choose a set of strategies that align with the
1738 text's characteristics and modification goals. Ensure the selected strategies are compatible
1739 when combined. Consider multiple ways to apply the strategies for improvement.

1740 Only choose strategies mentioned above, and use them appropriately.

1741 Provide `{generated_number}` different versions, each using distinct or complementary strategy sets.

1742 These different versions should use different strategies, preferably with varied combinations of
1743 strategies.

1744

1745 Step 3: Output the Strategy List Return the strategy selection in JSON format with multiple versions:

1746 {

1747 "Version1": ["Strategy_A", "Strategy_H", "Strategy_J", "Strategy_B"],

1748 "Version2": ["Strategy_F",..., "Strategy_E"],

1749 ...,

1750 "Version_number": ["Strategy_G", "Strategy_M",..., "Strategy_C",..., "Strategy_D"]

1751 }

1752 Do not include any extra commentary or explanation outside the JSON.

1753 Let's think step by step.

1754

1755

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1758 A.7.2 Generator.

1759 The blue word will be replaced by input information.

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1769 Generate new text based on user selected goals
1770
1771 # Order prompt
1772 You are an expert in science communication narrative strategy. Your task is to revise the
1773 given text using the recommended strategies and provide a concise overview of how the
1774 strategies were applied.
1775
1776 Step 1: Review the Strategy List
1777 - Read the strategy list {strategy_info}, including each strategy's definition and
1778 how it is typically used.
1779
1780
1781 Step 2: Apply all the Strategies mentioned in the strategy list to the Text: {text}.
1782 Even if the original text already contains elements that align with the strategy, enhance it further
1783 based on how the strategy should be applied.
1784 Also, consider the position of the given text in the whole context {overall_content}.
1785 Make the changed text coherent with the context.
1786
1787
1788 Step 3: Summarize the Application
1789 - Summarize how each selected strategy was applied.
1790 - Keep the summary concise and short to indicate what specific changes have been made using
1791 separate strategies.
1792
1793
1794 Step 4: Do not omit or alter any important information from the original text, but ensure that the
1795 generated text is distinct from the original.
1796
1797 Step 5: If the content is primarily narrative in nature, supplement it with scientifically grounded
1798 explanations, relevant data, or reliable sources to enhance credibility and depth.
1799
1800 Step 6: Output the Result Return a JSON with the following structure:
1801 {
1802   "strategies": ["Strategy_A", ..., "Strategy_B", "Strategy_C", "Strategy_D"],
1803   "summary": "Summarize how each strategy was applied and what specific changes were made to the content
1804           based on each strategy. Example: Changed 'Photosynthesis is the process plants use to
1805           make food.' to 'What if plants could teach us how to turn sunlight into fuel?
1806           Focus only on the changes from the previous version.'",
1807   "newText": "Modified version of the text. Even if the original text already contains elements that
1808           align with the strategy, enhance it further based on how the strategy should be applied."
1809 }
1810
1811
1812 Do not include any extra commentary or explanation outside the JSON.
1813 Let's think step and step.
1814
1815
1816
1817
1818 A.7.3 Scorer.
1819 The blue word will be replaced by input information.
1820

```

```

1821 # Base prompt
1822 You are an engaging audience for science communication.
1823 Given a narrative, evaluate it on two dimensions: (1) Narrative Engagement and (2) Scientific Exposition.
1824 using the detailed scoring rubrics below.
1825
1826 Provide a numerical score from 0 to 100 for each dimension, along with a brief explanation justifying
1827 your rating.
1828
1829 Dimension 1:
1830 Narrative Engagement: Evaluate how effectively the narrative captures attention, evokes emotion,
1831 sparks curiosity, and maintains reader engagement.
1832 Scoring Rubric:
1833 0-20: Extremely boring and dry, no storytelling elements,
1834 21-40: Barely engaging, logical but lacks emotion or creativity,
1835 41-60: Moderately engaging, uses some analogies or description but still feels academic,
1836 61-80: Quite engaging, includes storytelling techniques and relatable examples,
1837 81-100: Highly immersive, vivid storytelling with strong emotional or narrative appeal.
1838
1839
1840 Dimension 2: Scientific Exposition: Assess how well the narrative explains scientific concepts with
1841 clarity,
1842 correctness, and alignment with established knowledge.
1843 Scoring Rubric:
1844 0-20: Highly inaccurate or pseudoscientific, major factual errors,
1845 21-40: Misleading or speculative, lacks clarity or evidence,
1846 41-60: Mostly accurate but vague or oversimplified,
1847 61-80: Generally accurate, minor imprecision, lacks citations,
1848 81-100: Highly accurate, precise, and well-aligned with scientific consensus.
1849
1850
1851 # Order prompt
1852 This is the original text: {text} and its score {currentScore}. Please use this as a reference.
1853 Compare the current version with the original one in terms of scientific exposition and narrative
1854 engagement, and assess whether it performs better or worse than the previous version.
1855 Compared to the previous version's scores, assign a score difference within a reasonable range.
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